

## MODULE DESCRIPTOR

### Module Title

Clinical Psychology and Mental Health

Reference	SS4014	Version	9
Created	February 2022	SCQF Level	SCQF 10
Approved	June 2002	SCQF Points	15
Amended	February 2022	ECTS Points	7.5

### Aims of Module

To facilitate the student's ability to evaluate critically the concept of psychological disorders, and the alternative approaches to mental health. To enable the student to apply a deep knowledge and understanding of the most prevalent forms of psychopathology, their symptoms, aetiologies and treatments.

### Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Demonstrate a critical understanding of the principal theories, concepts and principles in contemporary approaches to psychological disorders.
- 2 Critically conceptualise complex/professional problems and issues with diagnosis formulation and treatment.
- 3 Demonstrate a critical understanding of the principal theories and concepts surrounding diagnosis and the symptoms and possible aetiology of a range of psychological disorders
- 4 Critically evaluate wider literature and consolidate knowledge surrounding the diagnosis and treatment of mental health disorders by discussing wider conceptual issues and implications of diagnosis and treatment strategies.

### Indicative Module Content

Conceptualising mental health; Medical model vs. psychological models; Diagnosis: Benefits and criticisms; Psychiatric classification systems such as DSM and ICD; Case formulation; Treatment in clinical psychology; Psychotherapy; Depression; Bipolar disorder; Anxiety disorders; Psychological trauma; Post-traumatic stress disorder (PTSD); Dissociative disorders; Obsessive-Compulsive disorder (OCD); Personality disorder; Psychosis; Autistic spectrum; Dementia;

### Module Delivery

This is a mainly lecture based module with supporting seminars/workshops and student-centred learning. The on-campus activities will be supplemented and supported with online activities where appropriate.

**Indicative Student Workload**

	Full Time	Part Time
Contact Hours	24	N/A
Non-Contact Hours	126	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	150	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

**ASSESSMENT PLAN**

If a major/minor model is used and box is ticked, % weightings below are indicative only.

**Component 1**

Type:	Examination	Weighting:	100%	Outcomes Assessed:	1, 2, 3, 4
Description:	Component 1 is assessed by examination.				

**MODULE PERFORMANCE DESCRIPTOR****Explanatory Text**

There is one exam which contributes 100% to the module total.

Module Grade	Minimum Requirements to achieve Module Grade:
<b>A</b>	The student needs an A in C1.
<b>B</b>	The student needs a B in C1.
<b>C</b>	The student needs a C in C1.
<b>D</b>	The student needs a D in C1.
<b>E</b>	The student needs an E in C1.
<b>F</b>	The student needs a F in C1.
<b>NS</b>	Non-submission of work by published deadline or non-attendance for examination

**Module Requirements**

Prerequisites for Module	None, in addition to SCQF 10 entry requirements or equivalent.
Corequisites for module	None.
Precluded Modules	None.

**INDICATIVE BIBLIOGRAPHY**

- 1 COMER, R. J. and COMER, J. S., 2018. *Abnormal Psychology*. 10th ed. New York: Worth Publishers.
- 2 CROMBY, J., HARPER, D. and REAVEY, P., 2013. *Psychology, Mental Health and Distress*. Basingstoke: Palgrave.
- 3 DAVEY, G., 2021. *Psychopathology: Research, Assessment and Treatment in Clinical Psychology (BPS Textbooks in Psychology)* 3rd ed. London: BPS Blackwell.
- 4 GORENSTEIN, E. E. & COMER, R. J., 2012. *Case Studies in Abnormal Psychology*. 2nd ed. New York: Worth Publishers
- 5 OLTMANN, T. F., MARTIN, M. T., NEALE, J. M. & DAVIDSON, G. C., 2012. *Case Studies in Abnormal Psychology*. 9th ed. Hoboken, NJ: Wiley. (previous editions back to 2003 also acceptable).