

MODULE DESCRIPTOR Module Title Developments in Counselling Reference SS4010 Version 9 Created February 2023 SCQF Level SCQF 10

SCQF Points

ECTS Points

15

7.5

Aims of Module

Approved

Amended

To extend the knowledge of core theory and utilisation of essential skills counselling acquired in SS3025. A broader range of counselling approaches and specialist applications will be covered.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

June 2002

February 2023

- 1 Critically evaluate selected counselling schools of practice.
- 2 Demonstrate critical awareness of appropriate counselling skills in diverse settings.
- 3 Critically examine developments in counselling in practice settings.

Indicative Module Content

Study and evaluation of current practice in a range of counselling approaches and specialisms which may include: working with LGBT people, working with race and ethnicity groups/individuals, faith-based counselling and new developments and areas of counselling.

Module Delivery

Workshop format, combining theoretical material with skills development. Further skills work to be undertaken in directed study time.

Indicative Student Workload	Full Time	Part Time
Contact Hours	36	N/A
Non-Contact Hours	114	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	150	N/A
Actual Placement hours for professional, statutory or regulatory body		

Module Ref: SS4010 v9

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type: Coursework Weighting: 100% Outcomes Assessed: 1, 2, 3

Description: Component 1 will be assessed by written coursework.

MODULE PERFORMANCE DESCRIPTOR

Explanatory Text

There is one component which contributes 100% to the module total.

Module Grade	Minimum Requirements to achieve Module Grade:
Α	The student needs an A in C1.
В	The student needs a B in C1.
С	The student needs a C in C1.
D	The student needs a D in C1
E	The student needs an E in C1.
F	The student needs an F in C1.
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module Stage 3 module SS3025 must be completed in addition to SCQF 10 entry

requirements or equivalent.

Corequisites for module None.

Precluded Modules None.

INDICATIVE BIBLIOGRAPHY

- 1 ALDRIDGE, S., and RIGBY, S., 2004. Counselling skills in context. London: Hodder & Stoughton.
- ² COOPER, M., 2013. *The Handbook of Person-centred Psychotherapy and Counselling.* 2nd ed. Hampshire: Macmillan.
- 3 COOPER, M., and MCLEOD, J., 2011. Pluralistic Counselling and Psychotherapy. London: Sage.
- 4 DRYDEN, W., 2014. Dryden's handbook of Individual therapy. 6th ed. London: Sage.
- 5 JACOBS, M., 2010. Psychodynamic Counselling in action. 4th ed. London: Sage.
- 6 JOSEPH, S., 2010. Theories of Counselling & Psychotherapy. 2nd ed. London: Palgrave.
- 7 MOORE, J., & ROBERTS, R., 2010. *Counselling and Psychotherapy in organisational settings*. Exeter: Learning Matters.
- 8 MURRAY PARKES, C., 2010. Bereavement: Studies of grief in adult Life. 4th ed. London: Penguin.