

MODULE DESCRIPTOR

Module Title

Public Health Nutrition

Reference	PLM415	Version	2
Created	February 2023	SCQF Level	SCQF 11
Approved	August 2022	SCQF Points	30
Amended	June 2023	ECTS Points	15

Aims of Module

To enable students to critically evaluate key issues relating to public health nutrition in the UK and internationally, and the professional conduct of registered nutritionists.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Analyse key elements of UK and international public health nutrition policies.
- 2 Apply the health psychology theories of behaviour change to the design, implementation, monitoring and evaluation of health promotion programmes.
- 3 Critically examine the core competency requirements and standards of ethics, professional conduct and performance required of a registered associate nutritionist.

Indicative Module Content

Food and nutrition and health policy (at local, national and global level). Theories, and their application, of effective communication, health education, adult learning and behaviour change. Reflection. Design and implementation of health promotion campaigns, and methods for monitoring and evaluating their effectiveness and efficiency. Diet and nutrition surveys. Personalised nutrition. Professional bodies. Association for Nutrition core competency requirements and standards of ethics, professional conduct and performance. Legal context of nutrition practice. CV writing and interview skills.

Module Delivery

Online learning supported by directed reading, problem-based study materials, and contact / structured discussion with peers and academic staff. 'Contact Hours' included in 'Indicative Student Workload' represent online discussions and other online interactions.

Indicative Student Workload

	Full Time	Part Time
Contact Hours	24	24
Non-Contact Hours	276	276
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	300	300
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type:	Coursework	Weighting:	100%	Outcomes Assessed:	1, 2, 3
Description:	Portfolio				

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

Component 1 (CW1) comprises 100% of the module grade. A minimum of Module Grade D is required to pass the module. Non-submission will result in an NS grade.

Module Grade	Minimum Requirements to achieve Module Grade:
A	A
B	B
C	C
D	D
E	E
F	F
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module	Completion of PLM401, Introduction to Human Nutrition.
Corequisites for module	None.
Precluded Modules	None.

INDICATIVE BIBLIOGRAPHY

- 1 ASSOCIATION FOR NUTRITION, 2013. *Standards of ethics, conduct and performance*. Available from: <http://www.associationfornutrition.org/>
- 2 ASSOCIATION FOR NUTRITION, 2017. *Competency requirements for registered associate nutritionists: UK Voluntary Register of Nutritionists (UKVRN)*. Available from: <http://www.associationfornutrition.org/>
- 3 BUTTRISS, J.L. et al., eds., 2018. *Public health nutrition*. 2nd ed. Chichester: Wiley Blackwell.
- 4 KARPYN, A., 2018. *Food and public health: a practical introduction*. New York, NY: Oxford University Press.
- 5 LANHAM-NEW, S.A. et al., eds., 2020. *Introduction to human nutrition*. 3rd ed. Chichester: Wiley Blackwell.
- 6 LAVERACK, G., 2014. *The pocket guide to health promotion*. Maidenhead: McGraw-Hill Education.
- 7 NAIDOO, J. and WILLS, J., 2016. *Foundations for health promotion: public health and health promotion*. 4th ed. London: Elsevier.