

## MODULE DESCRIPTOR

### Module Title

Contemporary Family Health and Wellbeing

Reference	NUM073	Version	4
Created	January 2020	SCQF Level	SCQF 11
Approved	June 2016	SCQF Points	15
Amended	May 2020	ECTS Points	7.5

### Aims of Module

To develop the student's ability to critically explore the theories, principles, and concepts of family health and wellbeing.

### Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Appraise stages of human development across the life span relevant to their areas of practice.
- 2 Critically analyse family theory and multiple factors that affect the health and social wellbeing of the individual, group and family.
- 3 Critically appraise tools and methods for assessing health and social needs of individuals and families.
- 4 Examine and formulate ways to enable the individual, family and groups to develop abilities to use resources to manage and improve their health and social well-being.
- 5 Evaluate planned interventions or strategies for the individual, family or group.

### Indicative Module Content

Family theory; Family & individual life cycle and transitions; Systemic concepts; Wellbeing; Transgenerational trauma; Parenting; Relationships; Society and determinants of health; Child development; Neuroscience; Theories of change; Resilience; Diversity; Cultural competence; Therapeutic communication; Use of self; Formulation; Interventions; Assessment tools; Specialist assessments - individual & family, outcome measures, capacity to change, barriers to change; Teaching and learning; Policy - guidelines and legislation.

### Module Delivery

This module will be delivered via CampusMoodle with online tutorials and asynchronous discussions.

**Indicative Student Workload**

	Full Time	Part Time
Contact Hours	20	20
Non-Contact Hours	130	130
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	150	150
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

**ASSESSMENT PLAN**

If a major/minor model is used and box is ticked, % weightings below are indicative only.

**Component 1**

Type:	Examination	Weighting:	100%	Outcomes Assessed:	1, 2, 3, 4, 5
Description:	Written examination.				

**MODULE PERFORMANCE DESCRIPTOR****Explanatory Text**

Component 1 = Written examination.

Module Grade	Minimum Requirements to achieve Module Grade:
<b>A</b>	C1 = A
<b>B</b>	C1 = B
<b>C</b>	C1 = C
<b>D</b>	C1 = D
<b>E</b>	C1 = E
<b>F</b>	C1 = F
<b>NS</b>	Non-submission of work by published deadline or non-attendance for examination

**Module Requirements**

Prerequisites for Module	None, in addition to course entry requirements or equivalent.
Corequisites for module	None.
Precluded Modules	None.

**INDICATIVE BIBLIOGRAPHY**

- 1 *Children and Young People (Scotland) Act 2014*. a.s.p 8.
- 2 FAULCONBRIDGE, J., HUNT, K. and LAFFAN, A., 2019. *Effective prevention and early intervention across health, education and social care*. London: Jessica Kingsley Publishers.
- 3 KEENAN, T., EVANS, S. and CROWLEY, K., 2016. *An introduction to child development*. London: Sage.
- 4 MCGOLDRICK, M., CARTER, E.A. and GARCIA-PRETO, N., eds., 2014. *The expanded family life cycle: individual, family, and social perspectives*. 4th ed. Essex: Pearson.
- 5 SCOTTISH GOVERNMENT, 2008. *Getting it right for every child*. Edinburgh: Scottish Government.
- 6 WHITE, J., MARTIN, T. and ADAMSON, K., 2019. *Family theories: an introduction*. 5th ed. London: Sage.
- 7 A current and comprehensive list of references will be supplied on an annual basis to reflect the evolving nature of the topics addressed within this module.