

MODULE DESCRIPTOR

Module Title

Contemporary Family Health and Wellbeing

Reference	NUM073	Version	4
Created	January 2020	SCQF Level	SCQF 11
Approved	June 2016	SCQF Points	15
Amended	May 2020	ECTS Points	7.5

Aims of Module

To develop the student's ability to critically explore the theories, principles, and concepts of family health and wellbeing.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Appraise stages of human development across the life span relevant to their areas of practice.
- 2 Critically analyse family theory and multiple factors that affect the health and social wellbeing of the individual, group and family.
- 3 Critically appraise tools and methods for assessing health and social needs of individuals and families.
- 4 Examine and formulate ways to enable the individual, family and groups to develop abilities to use resources to manage and improve their health and social well-being.
- 5 Evaluate planned interventions or strategies for the individual, family or group.

Indicative Module Content

Family theory; Family & individual life cycle and transitions; Systemic concepts; Wellbeing; Transgenerational trauma; Parenting; Relationships; Society and determinants of health; Child development; Neuroscience; Theories of change; Resilience; Diversity; Cultural competence; Therapeutic communication; Use of self; Formulation; Interventions; Assessment tools; Specialist assessments - individual & family, outcome measures, capacity to change, barriers to change; Teaching and learning; Policy - guidelines and legislation.

Module Delivery

This module will be delivered via CampusMoodle with online tutorials and asynchronous discussions.

Indicative Student Workload

	Full Time	Part Time
Contact Hours	20	20
Non-Contact Hours	130	130
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	150	150
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type:	Examination	Weighting:	100%	Outcomes Assessed:	1, 2, 3, 4, 5
Description:	Written examination.				

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

Component 1 = Written examination.

Module Grade	Minimum Requirements to achieve Module Grade:
A	C1 = A
B	C1 = B
C	C1 = C
D	C1 = D
E	C1 = E
F	C1 = F
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module	None, in addition to course entry requirements or equivalent.
Corequisites for module	None.
Precluded Modules	None.

INDICATIVE BIBLIOGRAPHY

- 1 *Children and Young People (Scotland) Act 2014*. a.s.p 8.
- 2 FAULCONBRIDGE, J., HUNT, K. and LAFFAN, A., 2019. *Effective prevention and early intervention across health, education and social care*. London: Jessica Kingsley Publishers.
- 3 KEENAN, T., EVANS, S. and CROWLEY, K., 2016. *An introduction to child development*. London: Sage.
- 4 MCGOLDRICK, M., CARTER, E.A. and GARCIA-PRETO, N., eds., 2014. *The expanded family life cycle: individual, family, and social perspectives*. 4th ed. Essex: Pearson.
- 5 SCOTTISH GOVERNMENT, 2008. *Getting it right for every child*. Edinburgh: Scottish Government.
- 6 WHITE, J., MARTIN, T. and ADAMSON, K., 2019. *Family theories: an introduction*. 5th ed. London: Sage.
- 7 A current and comprehensive list of references will be supplied on an annual basis to reflect the evolving nature of the topics addressed within this module.