

MODULE DESCRIPTOR

Module Title

Contemporary Pain Management in Practice

Reference	NUM071	Version	3
Created	January 2024	SCQF Level	SCQF 11
Approved	June 2016	SCQF Points	15
Amended	February 2024	ECTS Points	7.5

Aims of Module

To enable the student to develop a critical approach to pain management in the health setting utilising the biopsychosocial model of pain.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Evaluate the principles and practices that underpin a biopsychosocial approach to management of pain.
- 2 Critically reflect on their contribution towards improved outcomes for patients with pain problems.
- 3 Critically appraise evidence-based approaches to pain management.
- 4 Synthesise strategies to implement and evaluate the clinical effectiveness in practice.
- 5 Appraise quality, safety, organisational and global issues in pain management.

Indicative Module Content

Historical and epidemiological perspectives of pain; The biopsychosocial model of pain; Neurobiology of pain; Assessment of pain; Pharmacological and interventional pain management; Non-pharmacological pain management; Pain conditions; Self-care; Contemporary, organisational and global pain issues.

Module Delivery

The module will be delivered online via Moodle and may include teaching activities such as discussion forums, quizzes, topic workbooks, online tutorials and recorded sessions.

Indicative Student Workload

	Full Time	Part Time
Contact Hours	20	20
Non-Contact Hours	130	130
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	150	150
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type: Coursework Weighting: 100% Outcomes Assessed: 1, 2, 3, 4, 5
 Description: Written assignment.

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

Written assignment.

Module Grade	Minimum Requirements to achieve Module Grade:
A	C1 = A
B	C1 = B
C	C1 = C
D	C1 = D
E	C1 = E
F	C1 = F
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module None, in addition to course entry requirements or equivalent.
 Corequisites for module None.
 Precluded Modules None.

INDICATIVE BIBLIOGRAPHY

- 1 DE CASTRO, J., & EL MIEDANY (eds). 2022. Advances in chronic and neuropathic pain. Switzerland, Springer Nature.
- 2 INTERNATIONAL ASSOCIATION FOR THE STUDY OF PAIN (IASP) (2023) [online]. Available from: <https://www.iasp-pain.org/> [Accessed 21 December 2023].
- 3 LEITNER, A. & CHANG, C. 2021. Fundamentals of cancer pain management. Switzerland, Springer Nature.
- 4 NATIONAL INSTITUTE for HEALTH CARE EXCELLENCE (NICE) (2021) Chronic pain (primary and secondary) in over 16?s: assessment of all chronic pain and management of chronic primary pain. [online]. Available from: <https://www.nice.org.uk/guidance/ng193> [Accessed 21 December 2023].
- 5 PANGARTER, S., PHAM, Q., & EAPEN, B. 2021. Pain care essentials and innovations. Missouri, Elsevier Inc.
- 6 SHERMAN, M. 2023. How we hurt: the politics of pain in the opioid epidemic. Oxford, Oxford University Press.