

## MODULE DESCRIPTOR

### Module Title

Contemporary Pain Management in Practice

Reference	NUM071	Version	2
Created	July 2017	SCQF Level	SCQF 11
Approved	June 2016	SCQF Points	15
Amended	August 2017	ECTS Points	7.5

### Aims of Module

To enable the student to develop a critical approach to pain management in the health setting utilising the biopsychosocial model of pain.

### Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Evaluate the principles and practices that underpin a biopsychosocial approach to management of pain.
- 2 Critically reflect on their contribution towards improved outcomes for patients with pain problems.
- 3 Critically appraise evidence-based approaches to pain management.
- 4 Synthesise strategies to implement and evaluate the clinical effectiveness in practice.
- 5 Explore and review quality, safety, organisational and global issues in pain management.

### Indicative Module Content

Historical and epidemiological perspectives of pain; The biopsychosocial model of pain; Neurobiology of pain; Assessment of pain; Pharmacological and interventional pain management; Non-pharmacological pain management; Pain conditions; Self-care; Contemporary, organisational and global pain issues.

### Module Delivery

This module will be delivered using a blend of teaching methods.

### Indicative Student Workload

	Full Time	Part Time
Contact Hours	20	20
Non-Contact Hours	130	130
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	150	150
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

**ASSESSMENT PLAN**

*If a major/minor model is used and box is ticked, % weightings below are indicative only.*

**Component 1**

Type: Coursework Weighting: 100% Outcomes Assessed: 1, 2, 3, 4, 5  
 Description: Written assignment.

**MODULE PERFORMANCE DESCRIPTOR****Explanatory Text**

Written assignment.

Module Grade	Minimum Requirements to achieve Module Grade:
<b>A</b>	C1 = A
<b>B</b>	C1 = B
<b>C</b>	C1 = C
<b>D</b>	C1 = D
<b>E</b>	C1 = E
<b>F</b>	C1 = F
<b>NS</b>	Non-submission of work by published deadline or non-attendance for examination

**Module Requirements**

Prerequisites for Module None, in addition to course entry requirements or equivalent.  
 Corequisites for module None.  
 Precluded Modules None.

**INDICATIVE BIBLIOGRAPHY**

- 1 DE CASTRO, J., & EL MIEDANY (eds). 2022. Advances in chronic and neuropathic pain. Switzerland, Springer Nature.
- 2 INTERNATIONAL ASSOCIATION FOR THE STUDY OF PAIN (IASP) (2023) [online]. Available from: <https://www.iasp-pain.org/> [Accessed 21 December 2023].
- 3 LEITNER, A. & CHANG, C. 2021. Fundamentals of cancer pain management. Switzerland, Springer Nature.
- 4 NATIONAL INSTITUTE for HEALTH CARE EXCELLENCE (NICE) (2021) Chronic pain (primary and secondary) in over 16?s: assessment of all chronic pain and management of chronic primary pain. [online]. Available from: <https://www.nice.org.uk/guidance/ng193> [Accessed 21 December 2023].
- 5 PANGARTER, S., PHAM, Q., & EAPEN, B. 2021. Pain care essentials and innovations. Missouri, Elsevier Inc.
- 6 SHERMAN, M. 2023. How we hurt: the politics of pain in the opioid epidemic. Oxford, Oxford University Press.