

MODULE DESCRIPTOR

Module Title

Advanced Concepts of Improving Health and Wellbeing

Reference	NUM060	Version	4
Created	August 2019	SCQF Level	SCQF 11
Approved	May 2013	SCQF Points	15
Amended	May 2020	ECTS Points	7.5

Aims of Module

To enable the student to critically explore the theories, principles, and concepts which underpin improving health and wellbeing.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Synthesise the fundamental concepts and principles of public health.
- 2 Critically review the impact of health inequalities, poverty, vulnerability and social exclusion within society on health, locally and nationally, and relevant policy.
- 3 Critically examine public health approaches to identifying and assessing the health and social needs of individuals across the lifespan and within populations.
- 4 Critically evaluate the theoretical basis of a range of strategies and approaches to addressing healthcare needs of individuals across the lifespan and populations.
- 5 Critically appraise a public health issue relevant to their professional role and advanced practice.

Indicative Module Content

Public health; Domains of public health; Collaboration; Definitions and key terms; Demography; Health promotion theories; Inequalities; Equity; Culture and diversity; Determinants of health and wellbeing; Social policy; Health economics; Government policy; Community development; Models and approaches; Behavioural change; Vulnerability; Poverty; Social exclusion; Global priorities; Surveillance and screening; Health needs assessment; Service provision; Multi agency working; Adverse childhood experiences; Social prescribing, social capital, mental health and wellbeing.

Module Delivery

This module will be delivered online via CampusMoodle and will include: tutorials, online learning, virtual community.

Indicative Student Workload	Full Time	Part Time
Contact Hours	20	20
Non-Contact Hours	130	130
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	150	150
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type: Coursework Weighting: 100% Outcomes Assessed: 1, 2, 3, 4, 5

Description: Written assignment.

MODULE PERFORMANCE DESCRIPTOR

Explanatory Text

Written assignment.

Module Grade	Minimum Requirements to achieve Module Grade:
A	C1 = A
B	C1 = B
C	C1 = C
D	C1 = D
E	C1 = E
F	C1 = F
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module	None, in addition to the course entry requirements or equivalent.
Corequisites for module	None.
Precluded Modules	None.

INDICATIVE BIBLIOGRAPHY

- 1 DAHLGREN, G. and WHITEHEAD, M., 2007. *Policies and strategies to promote social equity in health*. Revised ed. Stockholm, Sweden: Institute for Future Studies.
- 2 GREEN, J. et al., 2019. *Health promotion: planning and strategies*. 4th ed. London: Sage.
- 3 NAIDOO, J AND WILLS, J, 2016. *Foundations for health promotion*. 4th ed. Oxford: Bailliere Tindall.
- 4 OLSEN, J.A., 2017. *Principles in health economics and policy*. Oxford University Press.
- 5 ZIMMERMAN, R. S. et al 2016. *Introduction to global health promotion*. New Jersey: John Wiley & Sons, Inc.
- 6 A current and comprehensive list of references will be supplied on an annual basis to reflect the evolving nature of the topics addressed within this module.