

MODULE DESCRIPTOR

Module Title

Managing Long Term Conditions

Reference	NUM039	Version	7
Created	January 2024	SCQF Level	SCQF 11
Approved	March 2009	SCQF Points	15
Amended	February 2024	ECTS Points	7.5

Aims of Module

To provide a holistic theoretical knowledge base for the student to enable them to develop their role in participating in the management of individuals with long term conditions.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Critically examine the impact of local and national political, health and social care agendas on the management of long term conditions.
- 2 Critically analyse approaches for holistic assessment of patients relating to managing long term conditions.
- 3 Critically review current therapeutic interventions set within a multi professional and inter-agency context.
- 4 Justify a comprehensive and in depth knowledge of emerging management techniques and strategies for long term conditions.
- 5 Critically evaluate psychosocial concepts and strategies aimed at supporting patients, families and carers in the management of their long term condition/s.

Indicative Module Content

National and local policy in health and social care relating to long term conditions; Epidemiology; Case finding; Risk prediction; Models and frameworks for long term condition management; Assessment frameworks; Pathophysiology and clinical management for selected long term conditions e.g. diabetes, coronary heart disease, cancer, chronic obstructive pulmonary disease, depression, dementia; Psychosocial perspectives and strategies e.g. motivational interviewing; Communication and therapeutic interventions; Medicines management; Health improvement; Self care and care management; Lead complex case co-ordination; Multidisciplinary and inter-agency working; eHealth; Telehealthcare; Managing care at the end of life; Reflective practice.

Module Delivery

The module will be delivered online via Moodle and may include teaching activities such as discussion forums, quizzes, topic workbooks, online tutorials and recorded sessions.

Indicative Student Workload

	Full Time	Part Time
Contact Hours	20	20
Non-Contact Hours	130	130
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	150	150
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type:	Coursework	Weighting:	100%	Outcomes Assessed:	1, 2, 3, 4, 5
Description:	Written assignment.				

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

Written assignment.

Module Grade	Minimum Requirements to achieve Module Grade:
A	C1 = A
B	C1 = B
C	C1 = C
D	C1 = D
E	C1 = E
F	C1 = F
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module	None, in addition to course entry requirements or equivalent.
Corequisites for module	None.
Precluded Modules	None.

INDICATIVE BIBLIOGRAPHY

- 1 CARRIER, J., 2015. *Managing long term conditions and chronic illness in primary care: a guide to good practice*. Abingdon: Routledge.
- 2 COOPER, S. et al., 2018. *Management and prevalence of long-term conditions in primary health care for adults with intellectual disabilities compared with the general population: A population-based cohort study*. *Journal of Applied Research in Intellectual Disabilities*, 31, pp. 68-81
- 3 HAYANGA, B., STAFFORD, M. and BECARES, L., 2021. *Ethnic inequalities in healthcare use and care among people with multiple long-term health conditions living in the United Kingdom: A systematic review and narrative synthesis*. *International Journal of Environmental Research and Public Health*. 18(23), pp.12599.
- 4 NATIONAL INSTITUTE FOR HEALTH AND CARE RESEARCH., 2021. *Multiple long-term conditions (multimorbidity): making sense of the evidence*. [Online]. London: NIHR. Available from: <https://evidence.nihr.ac.uk/collection/making-sense-of-the-evidence-multiple-long-term-conditions-multimorbidity/> [Accessed on 08 January 2024].
- 5 NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE., 2016. *Multimorbidity: clinical assessment and management*. NICE: London.
- 6 NON-COMMUNICABLE DISEASE ALLIANCE. 2024. [online]. Available from: <https://ncdalliance.org/>. Accessed June 2024.
- 7 WORLD HEALTH ORGANISATION. 2024. Non-communicable diseases. [online] Available from: <https://www.who.int/data/gho/data/themes/noncommunicable-diseases>. Accessed June 2024.