

MODULE DESCRIPTOR

Module Title

Transition to Mental Health Nursing

Reference	NU4422	Version	1
Created	February 2024	SCQF Level	SCQF 10
Approved	May 2024	SCQF Points	15
Amended		ECTS Points	7.5

Aims of Module

To facilitate students' transition into mental health nursing.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Contrast a range of theories, models, and perspectives about the nature of mental 'ill-health', distress, and treatment regimens and options.
- 2 Communicate the roles and responsibilities of the mental health nurse.
- 3 Explain a range of psychotherapeutic skills and approaches and their use within relationships and interactions in mental health nursing.
- 4 Determine the importance of engaging in reflective practice, clinical supervision, and self-care.

Indicative Module Content

Models, theories, and perspectives of mental ill-health; Treatment regimens; Role and responsibilities of mental health nurse; Therapeutic models and talking therapies; Narrative approaches and formulation; Core conditions and other interpersonal therapeutic skills; Introduction to therapeutic use of self; Clinical supervision, reflection, and self-care.

Module Delivery

Blended learning approach including lectures, seminars, tutorials, workshops and online learning.

Indicative Student Workload

	Full Time	Part Time
Contact Hours	30	N/A
Non-Contact Hours	120	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	150	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type: Coursework Weighting: 100% Outcomes Assessed: 1, 2, 3, 4
 Description: Written assessment.

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

Written assessment.

Module Grade	Minimum Requirements to achieve Module Grade:
A	C1 = A
B	C1 = B
C	C1 = C
D	C1 = D
E	C1 = E
F	C1 = F
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module	None in addition to SCQF 10 entry requirements or equivalent.
Corequisites for module	None.
Precluded Modules	None.

INDICATIVE BIBLIOGRAPHY

- 1 BULL, P., GADSBY, J. and WILLIAMS, S., eds., 2018. *Critical mental health nursing: observations from the inside*. Monmouth: PCCS Books.
- 2 LINDEN, D., 2019. *The biology of psychological disorders*. 2nd ed. London: Red Globe Press.
- 3 MILLER, W.R. and MOYERS, T.B., 2021. *Effective Psychotherapists: Clinical Skills that Improve Client Outcomes*. New York: Guilford Press.
- 4 WRIGHT, K.M., and MCKEOWAN, M., 2018 Eds. *Essentials of Mental Health Nursing*. Sage Publications Ltd.