

MODULE DESCRIPTOR

Module Title

Developing Psychotherapeutic Mental Health Nursing Practice

Reference	NU4417	Version	1
Created	February 2024	SCQF Level	SCQF 10
Approved	May 2024	SCQF Points	30
Amended		ECTS Points	15

Aims of Module

To facilitate students to critique and develop psychotherapeutic practice.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Question the evidence base for various psychotherapeutic approaches.
- 2 Justify using different psychotherapeutic approaches within the context of complex relationships and interactions.
- 3 Critique their own psychotherapeutic skills and identify areas for development.

Indicative Module Content

Evidence for various psychotherapeutic models and approaches; Evaluating therapeutic use of self; Practising and assessing own and others psychotherapeutic skills; Complexities of relationships and interactions in mental health nursing; Personal development planning and self-care; Responding to complex group dynamics.

Module Delivery

Blended learning approach including lectures, seminars, tutorials, workshops and online learning.

Indicative Student Workload

	Full Time	Part Time
Contact Hours	40	N/A
Non-Contact Hours	260	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	300	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type: Coursework Weighting: 100% Outcomes Assessed: 1, 2, 3
 Description: Written assessment.

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

Written assessment.

Module Grade	Minimum Requirements to achieve Module Grade:
A	C1 = A
B	C1 = B
C	C1 = C
D	C1 = D
E	C1 = E
F	C1 = F
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module None in addition to SCQF 10 entry requirements or equivalent.
 Corequisites for module None.
 Precluded Modules None.

INDICATIVE BIBLIOGRAPHY

- 1 ANDERSON, S.K. and HANDELSMAN, M.M., 2021. *Positive Ethics for Mental Health Professionals: A Proactive Approach*. 2nd ed. Wiley-Blackwell.
- 2 EVANS, N. and HANNIGAN, B., 2016. *Therapeutic Skills for Mental Health Nurses*. McGraw-Hill Education.
- 3 MILLER, W.R. and MOYERS, T.B., 2021. *Effective Psychotherapists: Clinical Skills that Improve Client Outcomes*. New York: Guilford Press.
- 4 SANDERS, P., and TOLAN, J., 2023 Eds. *People Not Pathology. Freeing Therapy from the Medical Model*. Monmouth. PCCS Books Ltd