

MODULE DESCRIPTOR

Module Title

Applied Mental Health Practice

Reference	NU4338	Version	1
Created	November 2019	SCQF Level	SCQF 10
Approved	June 2020	SCQF Points	30
Amended		ECTS Points	15

Aims of Module

To facilitate students to effectively and ethically deliver therapeutic interactions and relationship-based care and support.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Employ a psychotherapeutic and trauma-skilled approach within interactions.
- 2 Illustrate interpersonal skills and techniques that achieve exploration of individuals' experiences and perspectives.
- 3 Utilise the trauma informed knowledge and skills framework judiciously.
- 4 Use interactions to achieve purposeful outcomes.
- 5 Critically evaluate therapeutic use of self by using a systematic, reflective approach.

Indicative Module Content

Psychological and psychosocial approaches, inter and intra-personal skills, therapeutic relationship process, complexity, therapeutic models, psychotherapeutic role, core conditions, therapeutic use of self, reflective practice, self-care, clinical supervision, narrative competence, trauma skilled capability, spirituality. Preparation for Practice Learning.

Module Delivery

A blended approach will be utilised emphasising facilitated experiential individual and group learning; simulated skills practice; reflective analysis and discussions; tutorials, online learning.

Indicative Student Workload	Full Time	Part Time
Contact Hours	72	N/A
Non-Contact Hours	228	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	300	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type: Practical Exam Weighting: 100% Outcomes Assessed: 1, 2, 3, 4, 5

Description: Objective Structured Clinical Examination (OSCE)

MODULE PERFORMANCE DESCRIPTOR

Explanatory Text

OSCE

Module Grade	Minimum Requirements to achieve Module Grade:
A	C1=A
B	C1=B
C	C1=C
D	C1=D
E	C1=E
F	C1=F
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module: None in addition to SCQF 10 entry requirements or equivalent.

Corequisites for module: None.

Precluded Modules: None.

INDICATIVE BIBLIOGRAPHY

- 1 CHARURA, D., and PAUL, S., eds. 2014. *The Therapeutic Relationship Handbook. Theory and Practice*. Maidenhead. Open University Press.
- 2 DAVIDSON, G. et al, 2016. *Models of Mental Health*. London: Palgrave.
- 3 GRANT, A., and GOODMAN, B., 2019. *Communication and Interpersonal Skills in Nursing*. London. SAGE.
- 4 NURSING AND MIDWIFERY COUNCIL (NMC), 2018. *Future Nurse: Standards of Proficiency for registered nurses*. London: NMC.
- 5 WATTERS, C., 2020. *Mental Health and Wellbeing Intercultural Perspective*. London: Red Globe Press.
- 6 WRYCRAFT, N. and COAD, A., 2017. *Recovery in Mental Health Nursing*. London: Open University Press.