

## MODULE DESCRIPTOR

### Module Title

Applied Mental Health Practice

Reference	NU4338	Version	1
Created	November 2019	SCQF Level	SCQF 10
Approved	June 2020	SCQF Points	30
Amended		ECTS Points	15

### Aims of Module

To facilitate students to effectively and ethically deliver therapeutic interactions and relationship-based care and support.

### Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Employ a psychotherapeutic and trauma-skilled approach within interactions.
- 2 Illustrate interpersonal skills and techniques that achieve exploration of individuals' experiences and perspectives.
- 3 Utilise the trauma informed knowledge and skills framework judiciously.
- 4 Use interactions to achieve purposeful outcomes.
- 5 Critically evaluate therapeutic use of self by using a systematic, reflective approach.

### Indicative Module Content

Psychological and psychosocial approaches, inter and intra-personal skills, therapeutic relationship process, complexity, therapeutic models, psychotherapeutic role, core conditions, therapeutic use of self, reflective practice, self-care, clinical supervision, narrative competence, trauma skilled capability, spirituality. Preparation for Practice Learning.

### Module Delivery

A blended approach will be utilised emphasising facilitated experiential individual and group learning; simulated skills practice; reflective analysis and discussions; tutorials, online learning.

**Indicative Student Workload**

	Full Time	Part Time
Contact Hours	72	N/A
Non-Contact Hours	228	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	300	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

**ASSESSMENT PLAN**

If a major/minor model is used and box is ticked, % weightings below are indicative only.

**Component 1**

Type: Practical Exam  Weighting: 100%  Outcomes Assessed: 1, 2, 3, 4, 5

Description: Objective Structured Clinical Examination (OSCE)

**MODULE PERFORMANCE DESCRIPTOR****Explanatory Text**

OSCE

Module Grade	Minimum Requirements to achieve Module Grade:
<b>A</b>	C1=A
<b>B</b>	C1=B
<b>C</b>	C1=C
<b>D</b>	C1=D
<b>E</b>	C1=E
<b>F</b>	C1=F
<b>NS</b>	Non-submission of work by published deadline or non-attendance for examination

**Module Requirements**

Prerequisites for Module None in addition to SCQF 10 entry requirements or equivalent.

Corequisites for module None.

Precluded Modules None.

**INDICATIVE BIBLIOGRAPHY**

- 1 CHARURA, D., and PAUL, S., eds. 2014. *The Therapeutic Relationship Handbook. Theory and Practice*. Maidenhead. Open University Press.
- 2 DAVIDSON, G. et al, 2016. *Models of Mental Health*. London: Palgrave.
- 3 GRANT, A., and GOODMAN, B., 2019. *Communication and Interpersonal Skills in Nursing*. London. SAGE.
- 4 NURSING AND MIDWIFERY COUNCIL (NMC), 2018. *Future Nurse: Standards of Proficiency for registered nurses*. London: NMC.
- 5 WATTERS, C., 2020. *Mental Health and Wellbeing Intercultural Perspective*. London: Red Globe Press.
- 6 WRYCRAFT, N. and COAD, A., 2017. *Recovery in Mental Health Nursing*. London: Open University Press.