

## MODULE DESCRIPTOR

### Module Title

Society, Health and Wellbeing in Mental Health Practice

Reference	NU4308	Version	1
Created	November 2019	SCQF Level	SCQF 10
Approved	June 2020	SCQF Points	30
Amended		ECTS Points	15

### Aims of Module

To empower students to work in partnership with people, families and communities to develop and utilise resources to promote mental health, prevent mental ill-health, and support people experiencing a range of challenges that may impact of their wellbeing.

### Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Analyse within a selected community the services and resources available to promote mental health, prevent mental ill-health, and support people experiencing a range of challenges that may impact on their wellbeing.
- 2 Appraise contemporary policy, theories and evidence related to the promotion of mental health in communities.
- 3 Critique how partnership working across services and agencies promotes mental health, prevents mental ill-health and supports people experiencing a range of challenges that impact of their wellbeing.
- 4 Appraise strategies to combat stigma, discrimination, social exclusion and promote human rights within a specific community.
- 5 Justify proposals designed to promote mental health and wellbeing.

### Indicative Module Content

Community, supporting communities impacted by crisis or disaster; ; culture; mental wellbeing in communities, parity of esteem, integration, co-production, community capital and empowerment; community platform; political participation; community providers; self-Management and peer support, improvement planning, resources and budgeting social Recovery; recovery colleges; carer colleges.

### Module Delivery

A blended approach will be utilised including group discussions based on literature searches and directed reading; modified lectures and seminars; guest external experts including people with lived experience, online learning.

**Indicative Student Workload**

	Full Time	Part Time
Contact Hours	50	N/A
Non-Contact Hours	250	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	300	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

**ASSESSMENT PLAN**

If a major/minor model is used and box is ticked, % weightings below are indicative only.

**Component 1**

Type:	Coursework	Weighting:	50%	Outcomes Assessed:	1, 3
Description:	Written analysis				

**Component 2**

Type:	Coursework	Weighting:	50%	Outcomes Assessed:	2, 4, 5
Description:	Project presentation				

**MODULE PERFORMANCE DESCRIPTOR****Explanatory Text**

Oral presentation of the student's project. the calculation of the overall grade for this module is based on 50% weighting of C1 and 50% weighting of C2 components. An overall minimum grade D is required to pass the module.

		Coursework:						
		A	B	C	D	E	F	NS
Coursework:	A	A	A	B	C	E	F	
	B	A	B	B	C	E	F	
	C	B	B	C	C	E	F	
	D	C	C	C	D	E	F	
	E	E	E	E	E	E	F	
	F	F	F	F	F	F	F	
NS		Non-submission of work by published deadline or non-attendance for examination						

**Module Requirements**

Prerequisites for Module	None in addition to SCQF 10 entry requirements or equivalent.
Corequisites for module	None.
Precluded Modules	None.

**INDICATIVE BIBLIOGRAPHY**

- 1 FACULTY OF PUBLIC HEALTH and THE MENTAL HEALTH FOUNDATION., 2016. *Better Mental Health for All: A Public Health Approach for Mental Health Improvement*. London. Faculty of Public Health and the Mental Health Foundation.
- 2 GREEN, J., et.al., 2019. *Health Promotion, Planning and Strategies*. 4th ed. London. Sage
- 3 MINGHELLA, E., and LINSKY, K., 2018. *Co-production in Mental Health. Not Just Another Guide*. Leeds. Skills for Care.
- 4 NURSING AND MIDWIFERY COUNCIL (NMC), 2018. *Future Nurse: Standards of Proficiency for registered nurses*. London: NMC.
- 5 WATSON, E., and MEDDINGS, S., 2019. *Peer support in Mental Health*. London: Red Globe Press.
- 6 WORLD HEALTH ORGANISATION (WHO), 2019. *mhGAP Community Toolkit*. Geneva. WHO.