

MODULE DESCRIPTOR Module Title Narratives of Mental Health Care Reference NU3380 Version 1 Created February 2024 SCQF Level SCQF 9 Approved May 2024 SCQF Points 15 Amended **ECTS Points** 7.5

Aims of Module

To provide students with a learning experience that prioritises the narratives of people with lived and living experiences of mental health and distress.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- Interpret accounts of mental health care and treatment experiences, from the perspective of lay, lived and living experiences.
- 2 Contrast personal and research-based viewpoints against differing mental health narratives.
- 3 Review the holistic impact of mental distress on peoples' quality of life.
- Propose ways of collaborating with people with lived and living experiences to produce evidence and research that informs mental health care.

Indicative Module Content

Lay, lived and living experiences, carers' experiences, and perspectives; Quality of life and wellbeing; Historical perspectives, power and control, and intersectionality, impact of language and labelling; Role of media; Collaboration, peer support, shared decision-making, and involving people and communities; Advocacy, self-determination, and self-management; Relevant policy, legislation, and research methodologies.

Module Delivery

Blended learning approach including lectures, seminars, tutorials, workshops and online learning.

Module Ref: NU3380 v1

Indicative Student Workload	Full Time	Part Time
Contact Hours	30	N/A
Non-Contact Hours	120	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	150	N/A
Actual Placement hours for professional, statutory or regulatory body		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type: Coursework Weighting: 100% Outcomes Assessed: 1, 2, 3, 4

Description: Pre-recorded presentation or Written assessment.

MODULE PERFORMANCE DESCRIPTOR

Explanatory Text

Pre-recorded presentation or Written assessment.

Module Grade	Minimum Requirements to achieve Module Grade:
Α	C1 = A
В	C1 = B
С	C1 = C
D	C1 = D
E	C1 = E
F	C1 = F
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module None in addition to SCQF 9 entry requirements or equivalent.

Corequisites for module None.

Precluded Modules None.

INDICATIVE BIBLIOGRAPHY

- 1 CHAMBERLIN, J., 1979. On Our Own: Patient-Controlled Alternatives to the Mental Health System. McGraw Hill.
- LeFRANCOIS, B., et. al., 2013 Eds. *Mad Matters: A Critical Reader in Canadian Mad Studies.* Toronto. Canadian Scholars; Critical edition.
- MORRIS, G 2017. *The Lived Experience in Mental Health*. Boca Raton. CRC Press Taylor and Francis Group.
- 4 THOMSON, D.K., et.al. 2023. Storying Mental Illness and Personal Recovery. Cambridge University Press.