

## MODULE DESCRIPTOR

### Module Title

Applied Mental Health Practice

Reference	NU3338	Version	2
Created	June 2022	SCQF Level	SCQF 9
Approved	June 2020	SCQF Points	30
Amended	June 2022	ECTS Points	15

### Aims of Module

To facilitate students to effectively and ethically deliver therapeutic interactions and relationship-based care and support.

### Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Evidence a psychotherapeutic approach within interactions.
- 2 Demonstrate the effective use of interpersonal skills and techniques that enable exploration of individuals' experiences, perspectives and achieve purposeful outcomes.
- 3 Utilise the trauma informed knowledge and skills framework judiciously.
- 4 Reflect on therapeutic use of self by using a systematic approach.
- 5 Evidence the underpinning professional requirement for teaching and practice supervision.

### Indicative Module Content

Psychological and psychosocial approaches, inter and intra-personal skills, therapeutic relationship process, complexity, therapeutic models, psychotherapeutic role, core conditions, therapeutic use of self, reflective practice, self-care, clinical supervision, narrative competence, trauma skilled capability, spirituality. Teaching and learning, practice supervision, NMC education standards. Preparation for Practice Learning.

### Module Delivery

A blended approach will be utilised emphasising facilitated experiential individual and group learning; simulated skills practice; reflective analysis and discussions; tutorials, online learning.

**Indicative Student Workload**

	Full Time	Part Time
Contact Hours	72	N/A
Non-Contact Hours	228	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	300	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

**ASSESSMENT PLAN**

If a major/minor model is used and box is ticked, % weightings below are indicative only.

**Component 1**

Type:	Practical Exam	Weighting:	100%	Outcomes Assessed:	1, 2, 3, 4, 5
Description:	Objective Structured Clinical Examination (OSCE)				

**MODULE PERFORMANCE DESCRIPTOR****Explanatory Text**

C1 = OSCE

Module Grade	Minimum Requirements to achieve Module Grade:
<b>A</b>	C1=A
<b>B</b>	C1=B
<b>C</b>	C1=C
<b>D</b>	C1=D
<b>E</b>	C1=E
<b>F</b>	C1=F
<b>NS</b>	Non-submission of work by published deadline or non-attendance for examination

**Module Requirements**

Prerequisites for Module	None in addition to SCQF 9 entry requirements or equivalent.
Corequisites for module	None.
Precluded Modules	None.

**INDICATIVE BIBLIOGRAPHY**

- 1 BROWN, J.D., 2019. *Reflective practice of counseling and psychotherapy in a diverse society*. Cham, Switzerland: Springer Nature.
- 2 CHAMBERS, M., Ed., 2017. *Psychiatric and mental health nursing: the craft of caring*. Abingdon, Oxon: Routledge.
- 3 GILLAM, T., 2018. *Creativity, wellbeing and mental health practice*. Cham, Switzerland: Springer Nature.
- 4 JORGENSEN, C.R., 2019. *The psychotherapeutic stance*. Cham, Switzerland: Springer Nature.
- 5 TEE, S., BROWN, J. and CARPENTER, D., Eds., 2012. *Handbook of mental health nursing*. London: Hodder Arnold.
- 6 WRYCRAFT, N. and COAD, A., 2017. *Recovery in Mental Health Nursing*. London: Open University Press.