

MODULE DESCRIPTOR

Module Title

Society, Health and Wellbeing in Mental Health Practice

Reference	NU3308	Version	2
Created	August 2021	SCQF Level	SCQF 9
Approved	June 2020	SCQF Points	30
Amended	August 2021	ECTS Points	15

Aims of Module

To empower students to work in partnership with people, families and communities to develop and utilise resources to promote mental health, prevent mental ill-health, and support people experiencing a range of challenges that may impact of their wellbeing.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Analyse within a selected community the services and resources available to promote mental health, prevent mental ill-health, and support people experiencing a range of challenges that may impact on their wellbeing.
- 2 Appraise contemporary policy, theories and evidence related to the promotion of mental health in communities.
- 3 Discuss how partnership working across services and agencies promotes mental health, prevents mental ill-health and supports people experiencing a range of challenges that impact of their wellbeing.
- 4 Appraise strategies to combat stigma, discrimination, social exclusion and promote human rights within a specific community.
- 5 Develop proposals designed to promote mental health and wellbeing.

Indicative Module Content

Community, supporting communities impacted by crisis or disaster; culture; mental wellbeing in communities, parity of esteem, integration, co-production, community capital and empowerment; community platform; political participation; community providers; self-Management and peer support, improvement planning, resources and budgeting social Recovery; recovery colleges; carer colleges.

Module Delivery

A blended approach will be utilised including group discussions based on literature searches and directed reading; modified lectures and seminars; guest external experts including people with lived experience, online learning.

Indicative Student Workload

	Full Time	Part Time
Contact Hours	50	N/A
Non-Contact Hours	250	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	300	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type:	Coursework	Weighting:	50%	Outcomes Assessed:	1, 3
Description:	Written analysis				

Component 2

Type:	Coursework	Weighting:	50%	Outcomes Assessed:	2, 4, 5
Description:	Audio-visual project presentation				

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

Oral presentation of the student's project. The calculation of the overall grade for this module is based on 50% weighting of C1 and 50% weighting of C2 components. An overall minimum grade D is required to pass the module.

		Coursework:						
		A	B	C	D	E	F	NS
Coursework:	A	A	A	B	C	E	F	
	B	A	B	B	C	E	F	
	C	B	B	C	C	E	F	
	D	C	C	C	D	E	F	
	E	E	E	E	E	E	F	
	F	F	F	F	F	F	F	
	NS	Non-submission of work by published deadline or non-attendance for examination						

Module Requirements

Prerequisites for Module	None in addition to SCQF 9 entry requirements or equivalent.
Corequisites for module	None.
Precluded Modules	None.

INDICATIVE BIBLIOGRAPHY

- 1 FACULTY OF PUBLIC HEALTH and THE MENTAL HEALTH FOUNDATION., 2016. *Better Mental Health for All: A Public Health Approach for Mental Health Improvement*. London. Faculty of Public Health and the Mental Health Foundation.
- 2 GREEN, J., et.al., 2019. *Health Promotion, Planning and Strategies*. 4th ed. London. Sage.
- 3 MINGHELLA, E., and LINSKY, K., 2018. *Co-production in Mental Health*. Not Just Another Guide. Leeds. Skills for Care.
- 4 NURSING AND MIDWIFERY COUNCIL (NMC), 2018. *Future Nurse: Standards of Proficiency for registered nurses*. London: NMC.
- 5 WATSON, E., and MEDDINGS, S., 2019. *Peer support in Mental Health*. London: Red Globe Press.
- 6 WORLD HEALTH ORGANISATION (WHO), 2019. *mhGAP Community Toolkit*. Geneva. WHO.