

MODULE DESCRIPTOR

Module Title

Exploring Mental Ill-health, Distress and Mental Health Care

Reference	NU2211	Version	1
Created	February 2024	SCQF Level	SCQF 8
Approved	May 2024	SCQF Points	30
Amended		ECTS Points	15

Aims of Module

To increase students' scientific knowledge and understanding of the nature of mental ill-health, distress and associated nursing care.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Contrast a range of theories, models, and perspectives about the nature of mental 'ill-health' and distress.
- 2 Outline the impacts of mental ill-health and treatment regimens and options, using a range of evidence.
- 3 Compare the roles and responsibilities of the mental health nurse in a range of care contexts.
- 4 Plan effective mental health care for people at different points in their recovery.
- 5 Demonstrate competence in health numeracy.

Indicative Module Content

Models, theories and perspectives of mental ill-health; Classification systems & diagnoses; Service provision, policy, strategic and research drivers; Role and responsibilities of mental health nurse, responding to distress and crisis; Care and recovery planning; Treatment regimens and options; Health numeracy.

Module Delivery

Blended learning approach including lectures, seminars, tutorials, workshops, and online learning.

Indicative Student Workload

	Full Time	Part Time
Contact Hours	60	N/A
Non-Contact Hours	240	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	300	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type: Examination Weighting: 100% Outcomes Assessed: 1, 2, 3, 4
 Description: Written Examination.

Component 2

Type: Examination Weighting: 0% Outcomes Assessed: 5
 Description: Numeracy Examination.

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

C1 = Written examination. C2 = Exam that meets the NMC requirement to ensure that the programme includes a health numeracy assessment related to nursing proficiencies and calculation of medicines which must be passed with a score of 100%. Failure to achieve an A-D in C1 and a Pass in C2 will result in a fail grade for the module.

Module Grade	Minimum Requirements to achieve Module Grade:
A	C1 = A; C2 = Pass
B	C1 = B; C2 = Pass
C	C1 = C; C2 = Pass
D	C1 = D; C2 = Pass
E	C1 = E; C2 = Fail or C1 = A-D; C2 = Fail/Pass
F	C1 = F; C2 = Fail or C1 = A-D; C2 = Fail/Pass
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module	None in addition to SCQF 8 entry requirements or equivalent.
Corequisites for module	None.
Precluded Modules	None.

INDICATIVE BIBLIOGRAPHY

- 1 LINDEN, D., 2019. *The biology of psychological disorders*. 2nd ed. London: Red Globe Press.
- 2 MUTSATSA, S., 2021. *Mental Health Medicines Management for Nurses*. London: Sage Publishing
- 3 MWEBE, H., 2021. *Psychopharmacology. A mental health professional's guide to commonly used medications*. 2nd Ed. St. Albans. Critical Publishing.