

MODULE DESCRIPTOR

Module Title

Exploring Health

Reference	NU1301	Version	1
Created	November 2019	SCQF Level	SCQF 7
Approved	June 2020	SCQF Points	30
Amended		ECTS Points	15

Aims of Module

To facilitate the student to develop an understanding of improving and maintaining the mental, physical and behavioural health and well-being of people, families, communities and populations.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Outline wider determinants of health, illness and wellbeing.
- 2 Demonstrate the impact of early years and childhood experiences.
- 3 Describe current public health priorities.
- 4 Describe factors that lead to health inequalities.
- 5 Demonstrate the contribution of health literacy.

Indicative Module Content

Determinants and principles of health across the lifespan, encompassing physical health and wellbeing and mental health and wellbeing; , adverse childhood experiences, public health trends and challenges, international and national public health priorities, epidemiology, communicable disease, antimicrobial stewardship, infant nutrition, cultural influences on health, human rights, key policies and legislation, digital literacy and technology, self-care, resilience, suicide awareness, learning disabilities, autism spectrum; preventative medicine; health education; maternity care.

Module Delivery

Blended learning approach including: lectures, tutorials, online learning, virtual community.

Module Ref:

NU1301 v1

Indicative Student Workload

	Full Time	Part Time
Contact Hours	80	N/A
Non-Contact Hours	220	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	300	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type: Coursework Weighting: 100% Outcomes Assessed: 1, 2, 3, 4, 5
 Description: Written assignment

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

Short question essay based in virtual community.

Module Grade	Minimum Requirements to achieve Module Grade:
A	C1=A
B	C1=B
C	C1=C
D	C1=D
E	C1=E
F	C1=F
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module: None in addition to course entry requirements or equivalent.
 Corequisites for module: None.
 Precluded Modules: None.

INDICATIVE BIBLIOGRAPHY

- 1 JOHNSON, S.A., 2017. *Challenges in health and development: from global to community perspectives*. 2nd ed. Dordrecht, The Netherlands: Springer.
- 2 NURSING AND MIDWIFERY COUNCIL (NMC), 2018. *Future Nurse: Standards of Proficiency for registered nurses*. London: NMC.
- 3 NAIDOO, J. and WILLS, J., eds., 2015. *Health studies: an introduction*. 3rd ed. Basingstoke: Palgrave MacMillan.
- 4 NAIDOO, J. and WILLS, J., 2016. *Foundations for health promotion*. 4th ed. Edinburgh: Balliere Tindall.
- 5 PEATE, I. and WILDING, L., 2006. *Caring for children and families*. Chichester: Wiley & Sons.
- 6 PORTER, E. and COLES, L., eds., 2011. *Policy and strategy for improving health and wellbeing*. Exeter: Learning Matters.
- 7 SOMERVILLE, M., KUMARAN, K. and ANDERSON, R., 2016. *Public health and epidemiology at a glance*. 2nd ed. Oxford: Wiley-Blackwell.