MODULE DESCRIPTOR

Module Title

Introduction to Mental Health Nursing

Reference	NU1110	Version	1
Created	February 2024	SCQF Level	SCQF 7
Approved	May 2024	SCQF Points	15
Amended		ECTS Points	7.5

Aims of Module

To introduce students to the context of mental health nursing and the role of the mental health nurse.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

1	Outline the historical and contemporary nature of mental health care provision and nursing practice.
2	Describe contrasting perspectives of mental health, mental ill-health, treatment approaches and recovery.
3	Summarise contemporary mental health policy and practice agendas.
4	Identify how the mental health nurse provides holistic care and support of people across the lifespan.

Indicative Module Content

Mental health care systems and the mental health nurse role - historical and contemporary perspectives; Lived and living experience; Introduction to models & theories of mental health, mental ill-health, and treatment approaches; Mental health nursing, policy drivers and priorities; Interdisciplinary, multi-agency and integrated care; Introduction to interpersonal and therapeutic practice, concepts, and skills; Introduction to trauma and trauma-informed care; Group dynamics and team working.

Module Delivery

Blended learning approach including lectures, seminars, tutorials, workshops, and online learning.

Indicative Student Workload	Full Time	Part Time
Contact Hours	40	N/A
Non-Contact Hours	110	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	150	N/A
Actual Placement hours for professional, statutory or regulatory body		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type:	Coursework	Weighting:	100%	Outcomes Assessed:	1, 2, 3, 4
Description:	Written assessment.				

MODULE PERFORMANCE DESCRIPTOR

Explanatory Text

Written assignment.

Module Grade	Minimum Requirements to achieve Module Grade:
A	C1 = A
B	C1 = B
C	C1 = C
D	C1 = D
E	C1 = E
F	C1 = F
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module	None in addition to course entry requirements or equivalent.
Corequisites for module	None.
Precluded Modules	None.

INDICATIVE BIBLIOGRAPHY

1	BOYD, C. 2023. *Reflective Practice for Nurses.* Wiley-Blackwell.
2	GRANT, A. and GOODMAN, B., 2018. *Communication and Interpersonal Skills in Nursing.* 4th ed. Sage.
3	WRIGHT, K.M., and MCKEOWN, M., 2018 Eds. *Essentials of Mental Health Nursing.* Sage Publications Ltd.