

MODULE DESCRIPTOR

Module Title

Influences on Health Across the Lifespan

Reference	NU1106	Version	1
Created	February 2024	SCQF Level	SCQF 7
Approved	June 2024	SCQF Points	30
Amended		ECTS Points	15

Aims of Module

To introduce and develop the students' understanding of influences on health across the lifespan.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Recognise the implications of human development across the lifespan.
- 2 Identify the value of self.
- 3 Explore the determinants of health.
- 4 Discuss the factors influencing health and wellbeing.

Indicative Module Content

Human development; Socioeconomic influences on health; Sociology and psychology of health; Determinants of health; Family; Health policy; UNICEF baby friendly initiative; United Nations Sustainable Development Goals: 3 and 10.

Module Delivery

Blended learning approach including lectures, seminars, tutorials, workshops and online learning.

Indicative Student Workload

	Full Time	Part Time
Contact Hours	60	N/A
Non-Contact Hours	240	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	300	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type: Coursework Weighting: 100% Outcomes Assessed: 1, 2, 3, 4
 Description: Audio Visual Presentation.

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

Audio Visual Presentation.

Module Grade	Minimum Requirements to achieve Module Grade:
A	C1 = A
B	C1 = B
C	C1 = C
D	C1 = D
E	C1 = E
F	C1 = F
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module None in addition to course entry requirements or equivalent.
 Corequisites for module None.
 Precluded Modules None.

INDICATIVE BIBLIOGRAPHY

- 1 BRAVEMAN, P., 2023. *The social determinants of health and health disparities*. New York: Oxford University Press.
- 2 MOORE, V., 2022. *An introduction to health psychology*. 5th ed. Harlow: Pearson.
- 3 NAIDOO, J. and WILLS, J., eds., 2022. *Health studies: an introduction*. 4th ed. Singapore: Palgrave MacMillan.