

MODULE DESCRIPTOR

Module Title

Supporting Workplace Health And Wellness: Enhancing Professional Practice

Reference	HSM168	Version	3
Created	October 2022	SCQF Level	SCQF 11
Approved		SCQF Points	30
Amended	March 2023	ECTS Points	15

Aims of Module

The student will have the opportunity to explore and analyse the influence of work, including the work environment, on health from multiple perspectives.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Critically explore the current political, social and professional drivers and principles in relation to workplace wellness and health.
- 2 Analyse the health benefits of work and the influence of the work environment in the context of health, well-being and productivity.
- 3 Critically examine the roles and perspectives of key stakeholders in facilitating effective interagency collaboration to prevent/minimise health related work absence and promote sustained safe return to work.
- 4 Critically evaluate strategies and processes to promote sustained and productive healthy work practices.

Indicative Module Content

Current policy drivers and legislation related to absence management, theoretical and cultural perspectives, partnerships, return to work, absence management, health improvement, health promotion, risk management, prevention, behaviour change, motivation, common work-related health conditions, case management, job analysis, ergonomic analysis, functional capacity evaluation, rehabilitation, workplace adjustment, work hardening, functional capacity evaluation, psychosocial factors, evidenced based practice, ethical issues.

Module Delivery

Part time distance learning - directed study supported by tutorials, workshops and seminars delivered on-line.

Indicative Student Workload

	Full Time	Part Time
Contact Hours	N/A	44
Non-Contact Hours	N/A	256
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	N/A	300
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type:	Coursework	Weighting:	100%	Outcomes Assessed:	1, 2, 3, 4
Description:	A critical exploration of the drivers, principles and concepts underpinning an identified area of workplace health and wellness practice				

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

This module is assessed by one component: C1 100% weighting. Module pass mark = Grade D.

Module Grade	Minimum Requirements to achieve Module Grade:
A	An A in component 1.
B	A B in component 1.
C	A C in component 1.
D	A D in component 1.
E	An E in component 1.
F	An F in component 1.
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module	Refer Regulation A2: Admission and Regulation for admission requirements and/or course specific entry requirements.
Corequisites for module	None.
Precluded Modules	None.

ADDITIONAL NOTES

Students will also be guided to a range of current Government policies, legislation and professional journals

INDICATIVE BIBLIOGRAPHY

- 1 DEPARTMENT FOR WORK AND PENSIONS, 2012. Building capacity for work. London: Department for work and Pensions.
- 2 LANGMAN, C., 2012. Introduction to vocational rehabilitation: policies, practices and skills, 1st ed. Abingdon: Routledge.
- 3 HUBLEY, J. & COPEMAN, J., WOODALL, J., 2020. Practical health promotion, 3rd ed. Cambridge: Polity Press.
- 4 MCKEOWN, C., 2014. Ergonomics in Action: A Practical Guide for the Workplace, 1st edition. London: Rutledge.
- 5 ESCORPIZO, R., BRAGE, S., HOMA, D., STUCHI, G. (eds). 2015. Handbook of vocational rehabilitation and disability evaluation. Cham: Springer. (e-book).
- 6 LLOYD, C., 2010. Vocational Rehabilitation and mental health. Oxford: Wiley-Blackwell.
- 7 MCKENZIE, L. & O'TOOLE, G., 2011. Occupation Analysis in Practice. Oxford: Wiley-Blackwell.
- 8 WARWICK-BOOTH, L., CROSS, R. & LOWCOCK, D., 2012. Contemporary health studies: An introduction. Cambridge: Polity Press.