

#### MODULE DESCRIPTOR **Module Title** Promoting Health In Practice Reference HSM077 Version 4 Created October 2022 SCQF Level SCQF 11 March 2011 **SCQF** Points Approved 5 Amended March 2023 **ECTS Points** 2.5

#### **Aims of Module**

To increase critical awareness of principal concepts of health improvement and the range of approaches in practice, which will encourage the development of effective and relevant practice.

### **Learning Outcomes for Module**

On completion of this module, students are expected to be able to:

- 1 Critically examine the concept of health, identify the principles of health promotion and discuss models and strategies of health promotion within the context of current local, national and global challenges.
- Critically evaluate the skills relevant to the emergent roles of the health promotion specialist and the wider professional workforce in contributing effectively to improved health and wellbeing and the reduction in health inequalities among the populations.
- Critically examine own practice in relation to achieving continuous improvement in delivery of interventions aimed to improve health and reduce health inequalities.

#### **Indicative Module Content**

The Ottawa Charter for Health Promotion; underlying principles for health promotion practice; current challenges and global context; multidisciplinary and partnership approaches; skills for promoting health; social determinants of health and health inequalities; the values base for health promotion; perspectives on health professional values in practice; health promotion in the role of the professional.

## **Module Delivery**

Delivery will be based on directed study supported by tutorials, workshops and seminars delivered on-line.

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Indicative Student Workload	Full Time	Part Time
Contact Hours	N/A	8
Non-Contact Hours	N/A	42
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	N/A	50
Actual Placement hours for professional, statutory or regulatory body		

## **ASSESSMENT PLAN**

If a major/minor model is used and box is ticked, % weightings below are indicative only.

## **Component 1**

Type:

Coursework

Weighting:

100%

Outcomes Assessed:

1, 2, 3

Description:

The module will be assessed by either a piece of critical writing or a poster with accompanying

audio presentation.

#### MODULE PERFORMANCE DESCRIPTOR

## **Explanatory Text**

This module is assessed by one component: C1 100% weighting. Module pass mark = Grade D.

Module Grade	Minimum Requirements to achieve Module Grade:
Α	An A in component 1
В	A B in component 1
С	A C in component 1
D	A D in component 1
E	An E in component 1
F	An F in component 1
NS	Non-submission of work by published deadline or non-attendance for examination

# **Module Requirements**

Prerequisites for Module

Refer Regulation A2: Admission and Enrolment for admission requirements

and/or course specific entry requirements.

Corequisites for module

None.

Precluded Modules

None.

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#### INDICATIVE BIBLIOGRAPHY

- 1 Cragg, L. & Davies, M. (2013) Health promotion theory. 2nd ed. Maidenhead, McGraw-Hill Education.
- 2 Hanlon, P. (2012) The future public health Maidenhead, Open University Press.
- Hubley, J., Copeman, J. & Woodall, J. (2020) Practical health promotion. 3rd ed. Cambridge, UK, Polity Press.
- GREEN, J., CROSS, R., WOODALL, J. AND TONES, K., 2019. Health Promotion Planning and Strategies. 4th ed. London; SAGE.
- 5 Naidoo, J. & Wills, J. (2022) Foundations for health promotion. 5th ed. [London], Elsevier.
- Gorill H., et al. 2021. Health promotion in health care Vital theories and research. Cham: Springer International.
- Scriven, A., Ewles, L. & Simnett, I. (2017) Ewles and Simnett's promoting health: a practical guide. 7th ed. Edinburgh, Elsevier.