

MODULE DESCRIPTOR

Module Title

Clinical Psychology And Mental Health

Reference	SSM112	Version	2
Created	April 2017	SCQF Level	SCQF 11
Approved	April 2016	SCQF Points	15
Amended	August 2017	ECTS Points	7.5

Aims of Module

To develop a critical understanding of the key theories and evidence base of psychology as applied to the major psychological disorders, including symptoms, diagnosis (and its criticisms and alternatives), treatment including theories of psychotherapy, and the role of the Clinical Psychologist.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Demonstrate critical understanding of the main theories and concepts in contemporary approaches to psychological disorders.
- 2 Critically analyse the main problems inherent in diagnosis formulation and treatment.
- 3 Demonstrate critical understanding of the symptoms and theories of aetiology for a range of psychological problems and disorders.
- 4 Critically evaluate treatment strategies and theories of how they work, including approaches to psychotherapy and psychotropic medication.

Indicative Module Content

Conceptualising mental health. Medical model vs. psychological models. Diagnosis: Benefits and criticisms. Psychiatric classification systems such as DSM and ICD Case formulation. Treatment in clinical psychology. Psychotherapy. Depression. Bipolar disorder. Anxiety disorders. Psychological trauma. Post-traumatic stress disorder (PTSD). Dissociative disorders. Obsessive-Compulsive disorder (OCD). Personality disorder. Psychosis. Autistic spectrum. Dementia.

Module Delivery

Online distance learning, with a combination of online lectures, discussion boards, online seminars, directed reading and private study

Indicative Student Workload

	Full Time	Part Time
Contact Hours	24	24
Non-Contact Hours	126	126
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	150	150
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type:	Coursework	Weighting:	100%	Outcomes Assessed:	1, 2, 3, 4
Description:	Component 1 will take the form of a written coursework.				

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

There is one component which contributes 100% to the module total.

Module Grade	Minimum Requirements to achieve Module Grade:
A	The student needs an A in C1
B	The student needs a B in C1
C	The student needs a C in C1
D	The student needs a D in C1
E	The student needs an E in C1
F	The student needs an F in C1
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module	None.
Corequisites for module	None.
Precluded Modules	None.

INDICATIVE BIBLIOGRAPHY

- 1 Comer, R. & Comer, J. (2018). *Abnormal Psychology* (10th ed.). New York: Worth Publishers.
- 2 Cromby, J., Harper, D. & Reavey, P. (2014). *Psychology, Mental Health & Distress*. Basingstoke, UK: Palgrave.
- 3 Davey, G. (2014). *Psychopathology* (2nd ed.). London, UK: BPS Blackwell.
- 4 Gorenstein, E. E. & Comer, R. J. (2014). *Case Studies in Abnormal Psychology* (2nd ed.). New York, NY: Worth. Publishers.
- 5 Oltmanns, T. F., Martin, M. T., Neale, J. M. & Davidson, G. C. (2014). *Case Studies in Abnormal Psychology* (10th ed.). Hoboken, NJ: Wiley.
- 6 Osborne, R., Lafuze, J. & Perkins, D. (2016). *Case Analyses for Abnormal Psychology: Learning to Look Beyond the Symptoms* (2nd ed.). Philadelphia, PA: Psychology Press.