

MODULE DESCRIPTOR

Module Title

Clinical Psychology and Mental Health

Reference	SS4014	Version	9
Created	February 2022	SCQF Level	SCQF 10
Approved	June 2002	SCQF Points	15
Amended	February 2022	ECTS Points	7.5

Aims of Module

To facilitate the student's ability to evaluate critically the concept of psychological disorders, and the alternative approaches to mental health. To enable the student to apply a deep knowledge and understanding of the most prevalent forms of psychopathology, their symptoms, aetiologies and treatments.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Demonstrate a critical understanding of the principal theories, concepts and principles in contemporary approaches to psychological disorders.
- 2 Critically conceptualise complex/professional problems and issues with diagnosis formulation and treatment.
- 3 Demonstrate a critical understanding of the principal theories and concepts surrounding diagnosis and the symptoms and possible aetiology of a range of psychological disorders
- 4 Critically evaluate wider literature and consolidate knowledge surrounding the diagnosis and treatment of mental health disorders by discussing wider conceptual issues and implications of diagnosis and treatment strategies.

Indicative Module Content

Conceptualising mental health; Medical model vs. psychological models; Diagnosis: Benefits and criticisms; Psychiatric classification systems such as DSM and ICD; Case formulation; Treatment in clinical psychology; Psychotherapy; Depression; Bipolar disorder; Anxiety disorders; Psychological trauma; Post-traumatic stress disorder (PTSD); Dissociative disorders; Obsessive-Compulsive disorder (OCD); Personality disorder; Psychosis; Autistic spectrum; Dementia;

Module Delivery

This is a mainly lecture based module with supporting seminars/workshops and student-centred learning. The on-campus activities will be supplemented and supported with online activities where appropriate.

Indicative Student Workload

	Full Time	Part Time
Contact Hours	24	N/A
Non-Contact Hours	126	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	150	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type:	Examination	Weighting:	100%	Outcomes Assessed:	1, 2, 3, 4
Description:	Component 1 is assessed by examination.				

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

There is one exam which contributes 100% to the module total.

Module Grade	Minimum Requirements to achieve Module Grade:
A	The student needs an A in C1.
B	The student needs a B in C1.
C	The student needs a C in C1.
D	The student needs a D in C1.
E	The student needs an E in C1.
F	The student needs a F in C1.
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module	None, in addition to SCQF 10 entry requirements or equivalent.
Corequisites for module	None.
Precluded Modules	None.

INDICATIVE BIBLIOGRAPHY

- 1 COMER, R. J. and COMER, J. S., 2018. *Abnormal Psychology*. 10th ed. New York: Worth Publishers.
- 2 CROMBY, J., HARPER, D. and REAVEY, P., 2013. *Psychology, Mental Health and Distress*. Basingstoke: Palgrave.
- 3 DAVEY, G., 2021. *Psychopathology: Research, Assessment and Treatment in Clinical Psychology (BPS Textbooks in Psychology)* 3rd ed. London: BPS Blackwell.
- 4 GORENSTEIN, E. E. & COMER, R. J., 2012. *Case Studies in Abnormal Psychology*. 2nd ed. New York: Worth Publishers
- 5 OLTMANNS, T. F., MARTIN, M. T., NEALE, J. M. & DAVIDSON, G. C., 2012. *Case Studies in Abnormal Psychology*. 9th ed. Hoboken, NJ: Wiley. (previous editions back to 2003 also acceptable).