

Module Title Clinical Psychology and Mental Health	Reference SS4014 SCQF SCQF Level 10 SCQF Points 15 ECTS Points 7.5 Created May 2002 Approved June 2002 Amended May 2014 Version No. 6
Keywords Psychological Disorder, Mental Health, Aetiology, Treatment, Psychotherapy	

This Version is No Longer Current

The latest version of this module is available [here](#)

Prerequisites for Module

None, in addition to SCQF 10 entry requirements or equivalent.

Autistic spectrum
The dementias

Indicative Student Workload

Corequisite Modules

None.

<i>Contact Hours</i>	Full Time
Lecture	12
Workshops	12

Precluded Modules

None.

<i>Directed Study</i>	
Directed study	66

Aims of Module

To facilitate the student's ability to evaluate critically the concept of psychological disorders, and the alternative approaches to mental health.
To enable the student to apply a deep knowledge and understanding of the most prevalent forms of psychopathology, their

<i>Private Study</i>	
Private Study	60

Mode of Delivery

A combination of lectures and workshops. The delivery is underpinned by student-centred learning and students will be required to undertake careful and critical reading of relevant literature.

symptoms, aetiologies and treatments.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

1. Critically discuss the main theories and concepts in contemporary approaches to psychological disorders.
2. Critically analyse the main problems inherent in diagnosis formulation and treatment.
3. Discuss the symptoms and possible aetiology of a range of psychological disorders.
4. Evaluate alternative treatment strategies.

Indicative Module Content

What are psychological problems and disorders?
Historical approaches to psychological problems and disorders
Models of psychological disorders
Anxiety disorders
Mood disorders
Schizophrenia
Eating disorders
Learning disabilities

Assessment Plan

	Learning Outcomes Assessed
Component 1	1,2,3,4

Component 1 is assessed by examination.

Indicative Bibliography

1. COMER, R. J. and COMER, J. S., 2018. *Abnormal Psychology*. 10th ed. New York: Worth Publishers.
2. CROMBY, J., HARPER, D. and REAVEY, P., 2013. *Psychology, Mental Health and Distress*. Basingstoke: Palgrave.
3. DAVEY, G., 2021. *Psychopathology: Research, Assessment and Treatment in Clinical Psychology (BPS Textbooks in Psychology)* 3rd ed. London: BPS Blackwell.
4. GORENSTEIN, E. E. & COMER, R. J., 2012. *Case Studies in Abnormal Psychology*. 2nd ed. New York: Worth Publishers
5. OLTMANNS, T. F., MARTIN, M. T., NEALE, J. M. & DAVIDSON, G. C., 2012. *Case Studies in Abnormal Psychology*. 9th ed. Hoboken, NJ: Wiley. (previous editions back to 2003 also acceptable).