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MODULE DESCRIPTOR

Module Title

Developments in Counselling

Reference	SS4010	Version	7
Created	February 2021	SCQF Level	SCQF 10
Approved	June 2002	SCQF Points	15
Amended	June 2021	ECTS Points	7.5

Aims of Module

To extend the knowledge of core theory and utilisation of essential skills counselling acquired in SS3025. A broader range of counselling approaches and specialist applications will be covered.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Critically evaluate selected counselling schools of practice.
- 2 Demonstrate critical awareness of appropriate counselling skills in diverse settings.
- 3 Critically examine developments in counselling in practice settings.

Indicative Module Content

Study and evaluation of current practice in a range of counselling approaches and specialisms, which may include: Bereavement counselling. Time limited counselling. Video/internet/phone based counselling. Couples/relationship counselling. Ethical issues for the counsellor e.g., supervision; cross-cultural factors.

Module Delivery

Workshop format, combining theoretical material with skills development. Further skills work to be undertaken in directed study time.

Indicative Student Workload

	Full Time	Part Time
Contact Hours	36	N/A
Non-Contact Hours	114	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	150	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type: Coursework Weighting: 70% Outcomes Assessed: 1, 3
 Description: Component 1 will be assessed by written coursework.

Component 2

Type: Practical Exam Weighting: 30% Outcomes Assessed: 2
 Description: Component 2 will be assessed by an oral presentation.

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

Component 1 (refer to y axis to the left of the grid) contributes 70% to the module total. Component 2 (refer to x axis across top of grid) contributes 30% to the module total.

		Practical Exam:						NS
		A	B	C	D	E	F	
Coursework:	A	A	A	B	B	B	E	
	B	B	B	B	C	C	E	
	C	B	C	C	C	D	E	
	D	C	C	D	D	D	E	
	E	D	D	D	E	E	E	
	F	E	E	E	F	F	F	
NS		Non-submission of work by published deadline or non-attendance for examination						

Module Requirements

Prerequisites for Module	Stage 3 module SS3025 must be completed in addition to SCQF 10 entry requirements or equivalent.
Corequisites for module	None.
Precluded Modules	None.

INDICATIVE BIBLIOGRAPHY

- 1 ALDRIDGE, S., and RIGBY, S., 2004. *Counselling skills in context*. London: Hodder & Stoughton.
- 2 COOPER, M., 2013. *The Handbook of Person-centred Psychotherapy and Counselling*. 2nd ed. Hampshire: Macmillan.
- 3 COOPER, M., and MCLEOD, J., 2011. *Pluralistic Counselling and Psychotherapy*. London: Sage.
- 4 DRYDEN, W., 2014. *Dryden's handbook of Individual therapy*. 6th ed. London: Sage.
- 5 JACOBS, M., 2010. *Psychodynamic Counselling in action*. 4th ed. London: Sage.
- 6 JOSEPH, S., 2010. *Theories of Counselling & Psychotherapy*. 2nd ed. London: Palgrave.
- 7 MOORE, J., & ROBERTS, R., 2010. *Counselling and Psychotherapy in organisational settings*. Exeter: Learning Matters.
- 8 MURRAY PARKES, C., 2010. *Bereavement: Studies of grief in adult Life*. 4th ed. London: Penguin.