

Module Title Developments in Counselling	Reference SS4010 SCQF SCQF Level 10 SCQF Points 15 ECTS Points 7.5 Created May 2002 Approved June 2002 Amended August 2010 Version No. 4
Keywords Theory, Evaluation, Application, Counselling, Supervision, Self Development, Ethics	

This Version is No Longer Current

The latest version of this module is available [here](#)

Prerequisites for Module

Stage 3 module SS3025 must be completed in addition to SCQF 10 entry requirements or equivalent.

Corequisite Modules

None.

Precluded Modules

None.

Aims of Module

To extend the knowledge of core theory and utilisation of essential skills counselling acquired in SS3025. A broader range of counselling approaches and specialist applications will be covered.

Mode of Delivery

Workshop format, combining theoretical material with skills development. Further skills work to be undertaken in directed study time.

Assessment Plan

	Learning Outcomes Assessed
Component 1	1,2,3

Component 1 will be assessed by written Coursework.

Indicative Bibliography

1. ALDRIDGE, S., and RIGBY, S., 2004. *Counselling skills in context*. London: Hodder & Stoughton.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

1. Critically evaluate selected counselling schools of practice.
2. Demonstrate critical awareness of appropriate counselling skills in diverse settings.
3. Critically examine developments in counselling.

Indicative Module Content

Study and evaluation of current practice in a range of counselling approaches and specialisms, which may include: Bereavement counselling.

Time limited counselling.

Video/internet/phone based counselling. Couples/relationship counselling.

Ethical issues for the counsellor e.g., supervision; cross-cultural factors.

Indicative Student Workload

<i>Contact Hours</i>	Full Time
Workshops	36

<i>Directed Study</i>	
Directed Study	54

<i>Private Study</i>	
Private Study	60

2. COOPER, M., 2013. *The Handbook of Person-centred Psychotherapy and Counselling*. 2nd ed. Hampshire: Macmillan.
3. COOPER, M., and MCLEOD, J., 2011. *Pluralistic Counselling and Psychotherapy*. London: Sage.
4. DRYDEN, W., 2014. *Dryden's handbook of Individual therapy*. 6th ed. London: Sage.
5. JACOBS, M., 2010. *Psychodynamic Counselling in action*. 4th ed. London: Sage.
6. JOSEPH, S., 2010. *Theories of Counselling & Psychotherapy*. 2nd ed. London: Palgrave.
7. MOORE, J., & ROBERTS, R., 2010. *Counselling and Psychotherapy in organisational settings*. Exeter: Learning Matters.
8. MURRAY PARKES, C., 2010. *Bereavement: Studies of grief in adult Life*. 4th ed. London: Penguin.

