

MODULE DESCRIPTOR

Module Title

Counselling

Reference	SS3025	Version	5
Created	February 2022	SCQF Level	SCQF 9
Approved	June 2002	SCQF Points	15
Amended	February 2022	ECTS Points	7.5

Aims of Module

To enable students to evaluate and appropriately apply to practice a range of models of counselling.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Critically analyse key theoretical models of counselling.
- 2 Discuss the application of a range of counselling methods to professional practice.
- 3 Explain the central practical and ethical issues involved in current counselling practice.

Indicative Module Content

Counselling ethics and ethical dilemmas. Models of counselling: person centred, cognitive/behavioural, psychodynamic and pluralistic. Applications of counselling models to professional practice including: online counselling, working with sex offenders, families, groups. Consideration of race and cultural identities in counselling.

Module Delivery

This is a mainly lecture based module with supporting seminars/workshops and student-centred learning. The on-campus activities will be supplemented and supported with online activities where appropriate.

Indicative Student Workload

	Full Time	Part Time
Contact Hours	36	N/A
Non-Contact Hours	114	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	150	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type: Coursework Weighting: 100% Outcomes Assessed: 1, 2, 3
 Description: Component 1 will be assessed by Written Coursework.

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

There is one coursework which contributes 100% to the module total.

Module Grade	Minimum Requirements to achieve Module Grade:
A	The student needs an A in C1.
B	The student needs a B in C1.
C	The student needs a C in C1.
D	The student needs a D in C1.
E	The student needs an E in C1.
F	The student needs an F in C1.
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module	None, in addition to SCQF 9 entry requirements or equivalent.
Corequisites for module	None.
Precluded Modules	None.

INDICATIVE BIBLIOGRAPHY

- 1 ROBINSON-WOOD, T. L. 2016. *The Convergence of Race, Ethnicity, and Gender: Multiple Identities in Counselling*. 5th Edition. London: Sage.
- 2 COOPER, M., and MCLEOD, J., 2011. *Pluralistic Counselling and Psychotherapy*. London: Sage.
- 3 DRYDEN, W., 2013. *Handbook of Individual therapy*. 6th ed. London: Sage
- 4 HOUGH, M., 2010. *Counselling skills and theory*. 3rd ed. London: Hodder Education
- 5 MCLEOD, J., 2013. *An Introduction to Counselling*. 5th ed. Buckingham: Open University Press.
- 6 NELSON-JONES, R., 2010. *Theory and practice of Counselling and Psychotherapy*. 8th ed. London: Sage
- 7 REEVES, A., 2013. *An introduction to Counselling: From theory to practice*. London: Sage
- 8 ARTHUR, N. 2018. *Counselling in cultural contexts : identities and social justice*. Cham, Switzerland : Springer Nature