

Module Title	Reference NUM073
Contemporary Family Health and Wellbeing	SCQF SCQF
Keywords	Level 11
Family theory; attachment; life transitions;	SCQF Points 15
wellbeing; assessment; policy; guidelines and	ECTS Points 7.5
legislation.	Created March 2016
	Approved June 2016
	Amended
	Version No. 1

This Version is No Longer Current

The latest version of this module is available [here](#)

Prerequisites for Module

None, in addition to course entry requirements or equivalent.

Indicative Student Workload

	Full	Part
<i>Contact Hours</i>	Time	Time
	20	20

Corequisite Modules

None.

Directed Study

80 80

Private Study

Precluded Modules

50 50

None.

Mode of Delivery

Aims of Module

To develop students to critically explore the theories, principles and concepts of family health and wellbeing.

This module will be delivered online via CampusMoodle.

Assessment Plan

Learning Outcomes for Module

On completion of this module, students are expected to be able

	Learning Outcomes Assessed
Component 1	1,3,4,5
Component 2	2

Students are expected to be able to:

1. Critically analyse family theory and multiple factors that affect the health and social wellbeing of the individual, family and groups.
2. Appraise stages of human development across the lifespan relevant to their defined area of practice.
3. Examine and formulate ways to enable the individual, family and groups to develop abilities and use resources to manage and improve their health and social wellbeing.
4. Critically appraise tools and methods for assessing health and social needs of individuals and families.
5. Evaluate planned interventions or strategies for the individual, family or group.

Indicative Module Content

Family theory; Family; Individual; Diversity; Policy; Guidelines and legislation; Life transitions; Factors affecting family health; Attachment theory; Neuroscience; Resilience; Child health surveillance and monitoring programmes; Interventions; Group work; Role boundaries; Advanced communication skills, nutrition and diet, health promotion; Concepts of

Component 2: Exam

Component 1: Written piece of coursework

Indicative Bibliography

1. *Children and Young People (Scotland) Act 2014*. a.s.p 8.
2. FAULCONBRIDGE, J., HUNT, K. and LAFFAN, A., 2019. *Effective prevention and early intervention across health, education and social care*. London: Jessica Kingsley Publishers.
3. KEENAN, T., EVANS, S. and CROWLEY, K., 2016. *An introduction to child development*. London: Sage.
4. MCGOLDRICK, M., CARTER, E.A. and GARCIA-PRETO, N., eds., 2014. *The expanded family life cycle: individual, family, and social perspectives*. 4th ed. Essex: Pearson.
5. SCOTTISH GOVERNMENT, 2008. *Getting it right for every child*. Edinburgh: Scottish Government.
6. WHITE, J., MARTIN, T. and ADAMSON, K., 2019. *Family theories: an introduction*. 5th ed. London: Sage.
7. A current and comprehensive list of references will be supplied on an annual basis to reflect the evolving nature of the topics addressed within this module.

promotion, concepts of
community; Inequalities and
inequity; Assessment and
related need; Wellbeing;
Sustained relationships; Cultural
competence; Population groups;
Learning disability; Advocacy;
Population health; Teaching and
learning.