

Module Title	Reference NUM071
Contemporary Pain Management in Practice	SCQF SCQF
Keywords	Level 11
Biopsychosocial model of pain; practical pain management; evidence-based; contemporary issues.	SCQF Points 15
	ECTS Points 7.5
	Created March 2016
	Approved June 2016
	Amended
	Version No. 1

This Version is No Longer Current

The latest version of this module is available [here](#)

Prerequisites for Module

None, in addition to course entry requirements or equivalent.

Mode of Delivery

This module will be delivered using a blend of teaching methods.

Assessment Plan

Corequisite Modules

None.

Precluded Modules

None.

Aims of Module

To enable students to develop a critical approach to pain management in the health setting utilising the biopsychosocial model of

	Learning Outcomes Assessed
Component 1	1,2,3,4,5

This module will be assessed by a piece of written coursework.

Indicative Bibliography

1. DE CASTRO, J., & EL MIEDANY (eds). 2022. Advances in chronic and neuropathic pain. Switzerland, Springer Nature.
2. INTERNATIONAL ASSOCIATION FOR THE STUDY OF PAIN (IASP) (2023) [online]. Available from: <https://www.iasp-pain.org/> [Accessed 21 December 2023].

pain.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

1. Evaluate the principles and practices that underpin a biopsychosocial approach to management of pain.
2. Critically reflect on their contribution towards improved outcomes for patients with pain problems.
3. Critically appraise evidence-based approaches to pain management.
4. Synthesise strategies to implement and evaluate the clinical effectiveness in practice.
5. Explore and review quality, safety, organisational and global issues in pain management.

Indicative Module Content

Historical and epidemiological

3. LEITNER, A. & CHANG, C. 2021. Fundamentals of cancer pain management. Switzerland, Springer Nature.
4. NATIONAL INSTITUTE for HEALTH CARE EXCELLENCE (NICE) (2021) Chronic pain (primary and secondary) in over 16's: assessment of all chronic pain and management of chronic primary pain. [online]. Available from: <https://www.nice.org.uk/guidance/ng193> [Accessed 21 December 2023].
5. PANGARTER, S., PHAM, Q., & EAPEN, B. 2021. Pain care essentials and innovations. Missouri, Elsevier Inc.
6. SHERMAN, M. 2023. How we hurt: the politics of pain in the opioid epidemic. Oxford, Oxford University Press.

perspectives of pain; The biopsychosocial model of pain; Neurobiology of pain; Assessment of pain; Pharmacological and interventional pain management; Non-pharmacological pain management; Pain conditions; Self-care; Contemporary, organisational and global pain issues.

Indicative Student Workload

<i>Contact Hours</i>	Full Time	Part Time
	20	20
<i>Directed Study</i>	50	50
<i>Private Study</i>	80	80