

## MODULE DESCRIPTOR

### Module Title

Managing Long Term Conditions

Reference	NUM039	Version	6
Created	March 2020	SCQF Level	SCQF 11
Approved	March 2009	SCQF Points	15
Amended	May 2020	ECTS Points	7.5

### Aims of Module

To provide a holistic theoretical knowledge base for the student to enable them to develop their role in participating in the management of individuals with long term conditions.

### Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Critically examine the impact of local and national political, health and social care agendas on the management of long term conditions.
- 2 Analyse and evaluate approaches for holistic assessment of patients relating to managing long term conditions.
- 3 Explore and critically review current therapeutic interventions set within a multi professional and interagency context.
- 4 Justify a comprehensive and in depth knowledge of emerging management techniques and strategies for long term conditions.
- 5 Critically evaluate psychosocial concepts and strategies aimed at supporting patients, families and carers in the management of their long term condition/s.

### Indicative Module Content

National and local policy in health and social care relating to long term conditions; Epidemiology; Case finding; Risk prediction; Models and frameworks for long term condition management; Assessment frameworks; Pathophysiology and clinical management for selected long term conditions e.g. diabetes, coronary heart disease, cancer, chronic obstructive pulmonary disease, depression, dementia; Psychosocial perspectives and strategies e.g. motivational interviewing; Communication and therapeutic interventions; Medicines management; Health improvement; Self care and care management; Lead complex case co-ordination; Multidisciplinary and inter-agency working; eHealth; Telehealthcare; Managing care at the end of life; Reflective practice.

**Module Delivery**

The module will be delivered online via CampusMoodle. This includes discussion forums, quizzes, videos, Panopto and Blackboard Collaborate activities.

**Indicative Student Workload**

Full Time      Part Time

Contact Hours

20

20

Non-Contact Hours

130

130

Placement/Work-Based Learning Experience [Notional] Hours

N/A

N/A

TOTAL

150

150

*Actual Placement hours for professional, statutory or regulatory body***ASSESSMENT PLAN**

*If a major/minor model is used and box is ticked, % weightings below are indicative only.*

**Component 1**

Type:

Coursework

Weighting:

100%

Outcomes Assessed:

1, 2, 3, 4, 5

Description:

Written assignment.

**MODULE PERFORMANCE DESCRIPTOR****Explanatory Text**

Written assignment.

Module Grade

Minimum Requirements to achieve Module Grade:

**A**

C1 = A

**B**

C1 = B

**C**

C1 = C

**D**

C1 = D

**E**

C1 = E

**F**

C1 = F

**NS**

Non-submission of work by published deadline or non-attendance for examination

**Module Requirements**

Prerequisites for Module

None, in addition to course entry requirements or equivalent.

Corequisites for module

None.

Precluded Modules

None.

**INDICATIVE BIBLIOGRAPHY**

- 1 CARRIER, J., 2015. *Managing long term conditions and chronic illness in primary care: a guide to good practice*. Abingdon: Routledge.
- 2 COOPER, S. et al., 2018. *Management and prevalence of long-term conditions in primary health care for adults with intellectual disabilities compared with the general population: A population-based cohort study*. *Journal of Applied Research in Intellectual Disabilities*, 31, pp. 68-81
- 3 HAYANGA, B., STAFFORD, M. and BECARES, L., 2021. *Ethnic inequalities in healthcare use and care among people with multiple long-term health conditions living in the United Kingdom: A systematic review and narrative synthesis*. *International Journal of Environmental Research and Public Health*. 18(23), pp.12599.
- 4 NATIONAL INSTITUTE FOR HEALTH AND CARE RESEARCH., 2021. *Multiple long-term conditions (multimorbidity): making sense of the evidence*. [Online]. London: NIHR. Available from: <https://evidence.nihr.ac.uk/collection/making-sense-of-the-evidence-multiple-long-term-conditions-multimorbidity/> [Accessed on 08 January 2024].
- 5 NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE., 2016. *Multimorbidity: clinical assessment and management*. NICE: London.