

Module Title Managing Long Term Conditions	Reference SCQF Level SCQF Points ECTS Points Created Approved Amended Version No.	NUM039 SCQF 11 15 7.5 January 2009 March 2009 June 2016 4
Keywords Policy directives; multidisciplinary and inter agency working; long term conditions.		

This Version is No Longer Current

The latest version of this module is available [here](#)

Prerequisites for Module

None, in addition to course entry requirements or equivalent.

Indicative Student Workload

Contact Hours

Full Time
20

Part Time
20

Corequisite Modules

None.

Directed Study

80

80

Precluded Modules

None.

Private Study

50

50

Mode of Delivery

This module will be delivered using a blend of teaching methods.

Aims of Module

To provide a holistic theoretical knowledge base for students to enable them to develop their role in participating in the management of individuals with long term conditions.

Assessment Plan

	Learning Outcomes Assessed
Component 1	1,2,3,4,5

The module will be assessed by a piece of written coursework.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1.Critically examine the impact of local and national political, health and social care agendas on the management of long term conditions.
- 2.Analyse and evaluate approaches for holistic assessment of patients relating to managing long term conditions.
- 3.Explore and critically review current therapeutic interventions set within a multi professional and interagency context.
- 4.Justify a comprehensive and in depth knowledge of emerging management techniques and strategies for long term conditions.
- 5.Critically evaluate psychosocial concepts and strategies aimed at supporting patients, families and carers in the management of their long term condition/s.

Indicative Bibliography

- 1.CARRIER, J., 2015. *Managing long term conditions and chronic illness in primary care: a guide to good practice*. Abingdon: Routledge.
- 2.COOPER, S. et al., 2018. *Management and prevalence of long-term conditions in primary health care for adults with intellectual disabilities compared with the general population: A population-based cohort study*. Journal of Applied Research in Intellectual Disabilities, 31, pp. 68-81
- 3.HAYANGA, B., STAFFORD, M. and BECARES, L., 2021. *Ethnic inequalities in healthcare use and care among people with multiple long-term health conditions living in the United Kingdom: A systematic review and narrative synthesis*. International Journal of Environmental Research and Public Health. 18(23), pp.12599.
- 4.NATIONAL INSTITUTE FOR HEALTH AND CARE RESEARCH., 2021. *Multiple long-term conditions (multimorbidity): making sense of the evidence*. [Online]. London: NIHR. Available from: <https://evidence.nihr.ac.uk/collection/making-sense-of-the-evidence-multiple-long-term-conditions-multimorbidity/> [Accessed on 08 January 2024].
- 5.NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE., 2016. *Multimorbidity: clinical assessment and management*. NICE: London.

Indicative Module Content

National and local policy in health and social care relating to long term conditions; epidemiology; case finding; risk prediction; models and frameworks for long term condition management; assessment frameworks; pathophysiology and clinical management for selected long term conditions e.g. diabetes, coronary heart disease, cancer, chronic obstructive pulmonary disease, depression, dementia;

psychosocial perspectives and strategies e.g. motivational interviewing; communication and therapeutic interventions; medicines management; health improvement; self care and care management; lead complex case co-ordination; multidisciplinary and inter-agency working; eHealth; telehealthcare; managing care at the end of life; reflective practice.