

MODULE DESCRIPTOR

Module Title

Workplace Health Promotion

Reference	NU3943	Version	4
Created	June 2024	SCQF Level	SCQF 9
Approved	October 2020	SCQF Points	15
Amended	August 2024	ECTS Points	7.5

Aims of Module

To enable the student to develop knowledge and understanding of health promotion within the workplace.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Examine Occupational Health and wellbeing policies and strategies.
- 2 Critically discuss health improvements needs in the workplace.
- 3 Examine collaborative working with other professionals to promote health at work.
- 4 Apply the use of technology to demonstrate teaching, learning and presentation skills in relation to promoting health.

Indicative Module Content

Public Health, Inequalities, Sustainable Development Goals, Health improvement, Health needs assessment, Health Promotion, Health psychology, Long term conditions, Mental wellbeing, Equality, Ageing, Diversity, Empowerment, Workplaces, Policy, Strategy, Collaboration, Education, Teaching, Learning, Presentation skills, Digital health, Technology, Personal Development Plan. The module aligns with United Nations Sustainable Development goals 3,4,5,8 and 10; promoting health through education to reduce inequalities and improve health and wellbeing in the workplace.

Module Delivery

The module is delivered online via CampusMoodle e.g. virtual classroom, discussion forums and self-directed study.

Indicative Student Workload

	Full Time	Part Time
Contact Hours	N/A	20
Non-Contact Hours	N/A	130
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	N/A	150
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type:	Practical Exam	Weighting:	100%	Outcomes Assessed:	1, 2, 3, 4
Description:	Presentation				

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

Presentation

Module Grade	Minimum Requirements to achieve Module Grade:
A	A in the Presentation.
B	B in the Presentation.
C	C in the Presentation.
D	D in the Presentation.
E	E in the Presentation.
F	F in the Presentation.
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module	None, in addition to course entry requirements or equivalent.
Corequisites for module	None.
Precluded Modules	None.

INDICATIVE BIBLIOGRAPHY

- 1 HODGINS, M., FLEMING P. and GRIFFITHS, J., 2016. *Promoting health and well-being in the workplace*. London: Palgrave.
- 2 NAIDOO, J. and WILLS, J., 2016. *Foundations for health promotion*. 4th ed. Elsevier.
- 3 NAIDOO, J. and WILLS, J., 2022. *Health studies: an introduction*. 4th ed. London: Palgrave.
- 4 NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE (NICE), 2024. *Behaviour change*. [online]. London: NICE.
- 5 NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE (NICE), 2024. *Workplaces*. London: NICE.
- 6 SCRIVEN, A., 2017. *Ewles and Simnett's promoting health: a practical guide*. 7th ed. London: Elsevier.