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MODULE DESCRIPTOR

Module Title

Workplace Health Promotion

Reference	NU3943	Version	1
Created	February 2017	SCQF Level	SCQF 9
Approved	June 2017	SCQF Points	15
Amended		ECTS Points	7.5

Aims of Module

To enable the student to develop knowledge and understanding of health promotion within the workplace.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Examine Occupational Health and wellbeing policies and strategies.
- 2 Discuss health improvements needs in the workplace.
- 3 Examine collaborative working with other professionals to promote health at work.
- 4 Critically review teaching, learning and presentation skills in relation to promoting health.
- 5 Discuss the use of technology in relation to health promotion.

Indicative Module Content

Health improvement, Health needs assessment, Health promotion, Workplaces, Collaboration, Mental wellbeing, Long term conditions, Diversity, Equality, Ageing, Empowerment, Education, Teaching, Learning, Presentation skills, eHealth, Personal Development Plan.

Module Delivery

This module is delivered online via CampusMoodle.

Indicative Student Workload

	Full Time	Part Time
Contact Hours	N/A	20
Non-Contact Hours	N/A	130
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	N/A	150
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type: Coursework Weighting: 100% Outcomes Assessed: 1, 2, 3, 4, 5
 Description: Written assignment.

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

Written assignment.

Module Grade	Minimum Requirements to achieve Module Grade:
A	A in the coursework.
B	B in the coursework.
C	C in the coursework.
D	D in the coursework.
E	E in the coursework.
F	F in the coursework.
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module	None, in addition to course entry requirements or equivalent.
Corequisites for module	None.
Precluded Modules	None.

INDICATIVE BIBLIOGRAPHY

- 1 HODGINS, M., FLEMING P. and GRIFFITHS, J., 2016. *Promoting health and well-being in the workplace*. London: Palgrave.
- 2 NAIDOO, J. and WILLS, J., 2016. *Foundations for health promotion*. 4th ed. Elsevier.
- 3 NAIDOO, J. and WILLS, J., 2015. *Health studies: an introduction*. 3rd ed. London: Palgrave.
- 4 NATIONAL INSTITUTE OF CLINICAL EXCELLENCE (NICE), 2020. *Behaviour change*. [online]. London: NICE.
- 5 NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE (NICE), 2017. *Workplaces*. London: NICE.
- 6 SCRIVEN, A., 2017. *Ewles and Simnett's promoting health: a practical guide*. 7th ed. London: Elsevier.