

This Version is No Longer Current
 The latest version of this module is available [here](#)

MODULE DESCRIPTOR

Module Title

Complex Therapeutic Interventions In Mental Health Nursing

Reference	NU3886	Version	2
Created	July 2017	SCQF Level	SCQF 9
Approved	June 2015	SCQF Points	30
Amended	August 2017	ECTS Points	15

Aims of Module

To facilitate the student to respond effectively to complex care situations & needs and to deliver effective evidence-based, therapeutic nursing interventions in partnership with patients.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Discuss the role of mental health nurses in providing a therapeutic environment and promoting safety and recovery in partnership with patients who have complex needs.
- 2 Evaluate the impact psychological and psychosocial interventions can have on patients' experiences and their quality of life.
- 3 Use evidence to select and implement, in partnership with patients and their informal carers, safe, effective and recovery-focussed therapeutic care and interventions.
- 4 Appraise the value of nursing and therapeutic models in enhancing personal and team performance, and in turn the patients' experience.
- 5 Justify the need for mental health nurses to engage with clinical supervision.

Indicative Module Content

Complex needs & care provision in a variety of settings; Measuring the impact and effectiveness of practice; Empowering relationships and partnership approaches with patients and informal carers; Decision-making, managing therapeutic risk and promoting therapeutic environments, engagement and outcomes in challenging situations; Innovative values-based and recovery-focussed practice; Leading therapeutic groups and effective teams; Evaluating personal & team professional development using nursing and therapeutic models - Peplau, Watson, Barker, Berne, Heron; Importance of and challenges relating to clinical supervision; Evaluating effectiveness of strategies, techniques and skills relating to mindfulness & compassion-based approaches; Cognitive behavioural approaches; Solution-focussed approaches; Psychodynamic approaches & mentalisation; Cycles of change; Motivational interviewing.

Module Delivery

Seminars, workshops, tutorials and skills sessions.

Module Ref:

NU3886 v2

Indicative Student Workload

Contact Hours

Full Time

40

Part Time

N/A

Non-Contact Hours

260

N/A

Placement/Work-Based Learning Experience [Notional] Hours

N/A

N/A

TOTAL

300

N/A

*Actual Placement hours for professional, statutory or regulatory body***ASSESSMENT PLAN***If a major/minor model is used and box is ticked, % weightings below are indicative only.***Component 1**

Type:

Coursework

Weighting:

100%

Outcomes Assessed:

1, 2, 3, 4, 5

Description:

Essay.

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

Essay.

Module Grade

Minimum Requirements to achieve Module Grade:

A

C1 = A

B

C1 = B

C

C1 = C

D

C1 = D

E

C1 = E

F

C1 = F

NS

Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module

Successful completion of Stage 2 or equivalent.

Corequisites for module

None.

Precluded Modules

None.

INDICATIVE BIBLIOGRAPHY

- 1 CHESNER, A. and ZOGRAFOU, L., eds., 2014. *Creative supervision across modalities: theory and applications for therapists, counsellors and other helping professionals*. London. Jessica Kingsley Publishers.
- 2 DUDLEY, M., SILOVE, D. and GALE, F., 2012. *Mental health and human rights: vision, praxis and courage*. Oxford: Oxford University Press.
- 3 HEALTHCARE IMPROVEMENT SCOTLAND, 2017. *Integrated Care Pathways for Mental Health*. [online]. Edinburgh: Health Improvement Scotland. Available from: <http://www.icptoolkit.org/home.aspx> [Accessed 3 July 2017].
- 4 JOHNSON, R. with HAIGH, R., 2012. *Complex trauma and its effects: perspectives on creating an environment for recovery*. Hove: Pavilion Publishing and Media Ltd.
- 5 PEARCE, P. and SOMMERBACK, L., 2014. *Person centred practice at the difficult edge*. Monmouth: PCCS Books.
- 6 SITZMAN, K. and WATSON, J., 2014. *Caring science, mindful practice: implementing Watson's Human Caring Theory*. New York, NY: Springer.