

Module Title Therapeutic Interventions In Adult Nursing	Reference NU2557 SCQF SCQF Level 8 SCQF Points 15 ECTS Points 7.5
Keywords Acute/unscheduled care of the adult; Long term conditions management; Assessment; Clinical Skills.	Created March 2015 Approved June 2015 Amended Version No. 1

This Version is No Longer Current

The latest version of this module is available [here](#)

Prerequisites for Module

Successful completion of Stage 1 or equivalent.

Corequisite Modules

None.

Precluded Modules

None.

Aims of Module

To enable the student to apply relevant theory, concepts and frameworks to deliver holistic care to adults in a range of care contexts.

Learning Outcomes for Module

On completion of this module

Indicative Student Workload

Contact Hours Full Time

Lectures, tutorials, online learning. 40

Directed Study

Online learning activities, directed reading. 50

Private Study

60

Mode of Delivery

Lectures, tutorials, online learning.

Assessment Plan

Learning Outcomes Assessed

On completion of this module, students are expected to be able to:

1. Outline the planning of nursing care for common physical and mental problems in acute/unscheduled and long term conditions using best evidence.
2. Explain methods of assessment in the recognition of clinical physical and cognitive deterioration in those at risk.
3. Discuss the safe application of invasive and non-invasive interventions related to current medical/surgical procedures.
4. Apply understanding of a range of clinical and therapeutic skills to inform therapeutic intervention in adult nursing.

Indicative Module Content

Common physical and mental health problems- from: cardiovascular, endocrine, genetic, immune, infection, gastrointestinal, haematological, hepatic, musculoskeletal, neurologic, oncological, renal, respiratory, special senses, mental health- anxiety, depression, bipolar, schizophrenia, borderline personality disorder, addiction and substance misuse; Diagnostics, tests and their meaning; Principles of

Component 1	1,2,3,4
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Written Assessment.

Indicative Bibliography

1. BROOKER, C. and NICOL, M., 2011. *Alexander's nursing practice*. 4th ed. Edinburgh: Elsevier.
2. DOWNIE, G., MACKENZIE, J. and WILLIAMS, A., 2008. *Pharmacology and medicines management for nurses*. 4th ed. Edinburgh: Churchill Livingstone.
3. DOUGHERTY, L. and LISTER, S., eds., 2015. *The Royal Marsden Hospital manual of clinical nursing procedures (student edition)*. 9th ed. London: Blackwell Science.
4. PEATE, I., MURALITHARAN, N., HEMMING, L. and WILD, K., 2012. *Adult nursing: acute and ongoing care*. Harrow: Pearson.

perioperative care; Suction;
Wound management; Mini
mental state; Male and female
Urinary Catheterisation;
Assessment of those at risk of
deterioration; Pain management
relevant to adult nursing
practices; Partnership working
and the promotion of self care
with people with acute and long
term conditions; Main drug
groups.