

MODULE DESCRIPTOR

Module Title

Sciences for Holistic Mental Health Nursing Practice

Reference	NU2554	Version	3
Created	May 2017	SCQF Level	SCQF 8
Approved	April 2012	SCQF Points	30
Amended	August 2017	ECTS Points	15

Aims of Module

To facilitate the student's application of the sciences to holistic Mental Health Nursing.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Explain the epidemiology and aetiology of a range of mental disorders and physical conditions.
- 2 Outline the pathophysiology and psychopathology and related clinical features of selected mental disorders and physical conditions.
- 3 Discuss the nursing management of patients with a range of diagnoses and needs.
- 4 Delineate the modes of action, contra-indications, effects, side effects and toxic effects of common physical forms of treatment used in relation to mental disorder.
- 5 Explore the issues and challenges that can arise for patients in relation to the treatment of mental disorder.

Indicative Module Content

Genetic influences on mental health and illness; Relevant anatomy and physiology, pathophysiology, psychopathology; Epidemiological trends, classification systems, aetiology, nature or nurture debate, co-morbidity; Mental disorders across the life span & at key transition points - definitions, clinical features, impact on quality of life and overall health, e.g. anxiety disorders, mood disorders, perceptual disorders, eating disorders, personality disorders, addiction and substance misuse, dementia, etc. physical conditions, e.g. diabetes, heart disease, obesity, cancer, COPD, malnutrition, infections & immunological conditions, etc. learning disability & mental disorder; Co-morbidity and managing and promoting physical health, activity & exercise across the lifespan; Challenging contexts and behaviours; Person-centred, therapeutic nursing management and care, partnership, inclusiveness, joint decision making; Assessment, safety, risk management, positive risk taking, observation and engagement strategies, breakaway techniques, ASIST; Physical forms of treatment, e.g. pharmacological, poly-pharmacy, ECT; Issue relating to care & treatment, e.g. legal & ethical.

Module Delivery

Modified lectures, tutorials, online learning activities, enquiry-based learning, group discussions, skills practise and directed reading.

Indicative Student Workload

	Full Time	Part Time
Contact Hours	40	N/A
Non-Contact Hours	260	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	300	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type: Examination Weighting: 100% Outcomes Assessed: 1, 2, 3, 4, 5
 Description: Written examination.

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

Written examination.

Module Grade

Minimum Requirements to achieve Module Grade:

A

C1 = A

B

C1 = B

C

C1 = C

D

C1 = D

E

C1 = E

F

C1 = F

NS

Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module Successful completion of Stage 1 or equivalent.
 Corequisites for module None.
 Precluded Modules None.

INDICATIVE BIBLIOGRAPHY

- 1 BLOWS, W.T., 2011. *The biological basis of mental health nursing*. 2nd ed. Abingdon: Routledge.
- 2 COLLINS, E., DRAKE, M., and DEACON, M., eds., 2013. *The physical care of people with mental health problems: a guide for best practice*. London: Sage.
- 3 CALLAGHAN, P., PLAYLE, J. and COOPER, L., eds., 2009. *Mental health nursing skills*. Oxford: Oxford University Press.
- 4 NHS QUALITY IMPROVEMENT SCOTLAND (NHSQIS), 2009. *Best Practice Statement: Admissions to adult mental health inpatient services*. Edinburgh: NHSQIS.
- 5 SCOTTISH GENETICS EDUCATION FRAMEWORK (ScotGEN), 2012. *Scottish Genetics Education Framework (ScotGEN)*. Edinburgh: ScotGEN.