

MODULE DESCRIPTOR

Module Title

Improving Health and Well-being

Reference	NU2550	Version	5
Created	July 2017	SCQF Level	SCQF 8
Approved	April 2012	SCQF Points	15
Amended	August 2017	ECTS Points	7.5

Aims of Module

To enable the student to develop an understanding of health and wellbeing improvement in contemporary practice for individuals, groups and communities.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Explore a range of models and approaches to health and well-being improvement within nursing practice.
- 2 Examine current public health priorities.
- 3 Explain the implications for practice of health and wellbeing improvement policies within the student's field of practice.
- 4 Consider the role of the nurse in addressing health inequalities.
- 5 Utilise a range of sources of evidence to demonstrate understanding of health and well-being improvement.

Indicative Module Content

Public Health - trends, issues, challenges; Health and well-being improvement from a variety of perspectives and in different contexts - local, national and international; Health promoting organisations and workplaces; Key perspectives in relation to individuals, families and communities - models and approaches for health and well-being improvement, e.g. challenging inequalities, assets / strengths-based approaches; Cultural perspectives; Nurses' roles - modernising nursing in the community.

Module Delivery

Lectures, tutorials, online learning.

Module Ref:

NU2550 v5

Indicative Student Workload

Contact Hours

Full Time

30

Part Time

N/A

Non-Contact Hours

120

N/A

Placement/Work-Based Learning Experience [Notional] Hours

N/A

N/A

TOTAL

150

N/A

*Actual Placement hours for professional, statutory or regulatory body***ASSESSMENT PLAN***If a major/minor model is used and box is ticked, % weightings below are indicative only.***Component 1**

Type:

Coursework

Weighting:

100%

Outcomes Assessed:

1, 2, 3, 4, 5

Description:

Presentation.

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

Presentation.

Module Grade

Minimum Requirements to achieve Module Grade:

A

C1 = A

B

C1 = B

C

C1 = C

D

C1 = D

E

C1 = E

F

C1 = F

NS

Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module

Successful completion of Stage 1 or equivalent.

Corequisites for module

None.

Precluded Modules

None.

INDICATIVE BIBLIOGRAPHY

- 1 CHILTON, S. et al., eds., 2012. *The textbook of community nursing*. London: Hodder Arnold.
- 2 NAIDOO, J. and WILLS, J., eds., 2009. *Health studies: an introduction*. 2nd ed. Basingstoke: Palgrave MacMillan.
- 3 NAIDOO, J. and WILLS, J., 2009. *Foundations for health promotion*. 3rd ed. Edinburgh: Balliere Tindall.
- 4 PORTER, E. and COLES, L., eds., 2011. *Policy and strategy for improving health and wellbeing*. Exeter: Learning Matters.
- 5 SCOTTISH GOVERNMENT, 2008. *Equally Well: Report of the Ministerial Task Force on Health Inequalities*. Edinburgh: Scottish Government.
- 6 TONES, K. and GREEN, J., 2010. *Health promotion planning and strategies*. 2nd ed. London: Sage.