

## MODULE DESCRIPTOR

### Module Title

Midwifery for Health - Establishing Foundations

Reference	NU1201	Version	4
Created	May 2017	SCQF Level	SCQF 7
Approved	May 2009	SCQF Points	30
Amended	August 2017	ECTS Points	15

### Aims of Module

To enable the student to understand foundational knowledge for holistic maternal and family health during the childbearing continuum.

### Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Describe the importance of holistic health to childbearing women and families.
- 2 Illustrate the role of health improvement within midwifery care.
- 3 Understand key life sciences underpinning the childbearing continuum.
- 4 Relate relevant life sciences to the role of the midwife.

### Indicative Module Content

Concepts of health; Dimensions of health; Holism; Influences on health; Attitudes towards health; Health promotion; Health improvement; Health screening; Anatomy; Physiology; Reproductive cycles; Reproductive health; Embryo development; Fetal growth; Physiological adaptations during the childbearing continuum; Healthy neonate; Maternal and infant nutrition; Lactation; UNICEF Baby Friendly Initiative; Basic immunology.

### Module Delivery

Lectures, Tutorials, Online Learning.

### Indicative Student Workload

	Full Time	Part Time
Contact Hours	80	N/A
Non-Contact Hours	220	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	300	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

**ASSESSMENT PLAN**

*If a major/minor model is used and box is ticked, % weightings below are indicative only.*

**Component 1**

Type: Examination Weighting: 100% Outcomes Assessed: 1, 2, 3, 4  
 Description: Unseen examination.

**MODULE PERFORMANCE DESCRIPTOR****Explanatory Text**

Unseen examination.

Module Grade	Minimum Requirements to achieve Module Grade:
<b>A</b>	C1 = A
<b>B</b>	C1 = B
<b>C</b>	C1 = C
<b>D</b>	C1 = D
<b>E</b>	C1 = E
<b>F</b>	C1 = F
<b>NS</b>	Non-submission of work by published deadline or non-attendance for examination

**Module Requirements**

Prerequisites for Module None in addition to course entry requirements.  
 Corequisites for module None.  
 Precluded Modules None.

**ADDITIONAL NOTES**

This module is underpinned by the UNICEF UK Baby Friendly Initiative.

**INDICATIVE BIBLIOGRAPHY**

- 1 BOWDEN, J. and MANNING, V., eds., 2016. *Health promotion in midwifery: principles & practice*. 3rd ed. London: Routledge.
- 2 COAD, J. and DUNSTALL, M., 2011. *Anatomy and physiology for midwives*. 3rd ed. Edinburgh: Elsevier Churchill Livingstone.
- 3 MACDONALD, S. and JOHNSON, M., eds., 2017. *Mayes' midwifery* 15th ed. London: Balliere Tindall.
- 4 NAIDOO, J. and WILLS, J., 2016. *Foundations for health promotion*. 4th ed. London: Elsevier .
- 5 POLLARD, M., 2017. *Evidence-based Care for Breastfeeding Mothers: A Resource for Midwives and Allied Healthcare Professionals*. London: Routledge.
- 6 SCOTTISH PUBLIC HEALTH OBSERVATORY (ScotPHO), 2017. *Public health information for Scotland*. [online]. Glasgow/Edinburgh: ScotPHO. Available from: <http://www.scotpho.org.uk> [Accessed 31 May 2017].
- 7 COAD, J., 2019. *Anatomy and Physiology for Midwives*. London: Elsevier.