

MODULE DESCRIPTOR

Module Title

Complex Patient Pathways

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|-----------|---------------|-------------|---------|
| Reference | HS4131 | Version | 3 |
| Created | February 2023 | SCQF Level | SCQF 10 |
| Approved | July 2018 | SCQF Points | 30 |
| Amended | June 2023 | ECTS Points | 15 |

Aims of Module

To enable the student to evaluate the role of physiotherapy for people with complex presentations.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Analyse whole person factors affecting people with complex health problems and their impact on rehabilitation across patient populations.
- 2 Justify adaptations and modifications required for effective patient rehabilitation throughout the patient experience.
- 3 Evaluate the role of self-management for those with complex problems and presentations.
- 4 Critically evaluate and apply different approaches to working with people with complex problems using evidence based practice.

Indicative Module Content

Self-management, pacing. Adapting and modifying assessment and treatment to consider sustainability and inclusivity in a number of different client/patient groups, communication, collaborative goal setting. IDT and role. Relevant policies and Guidelines relating to the complex patient. Assessment and Management of Pain - Behavioural change/ motivational interviewing. Pharmacology applied to pain. Management of Obesity Health promotion/improvement, to include brief interventions, management of bariatric patient. Poly trauma, Head injury, acute management, 24 hr postural management, ICU simulation, adults with incapacity, exercise, secondary prevention. Complex disability. Carers. TBI group. Oncology: Physical activity, oncology interventions and side effects, survivorship. Mental health, common conditions, Role of physical activity, goal setting, advocacy. Pelvic health, continence, obstetrics and gynaecology, guidelines, adjuncts to treatment. Paediatrics Develop understanding of normal movement, GIRFEC, role of Physiotherapy rehabilitation. Integration of education and health. Management of Covid - Guidelines, stages and rehabilitation needs. Holistic needs - based assessment - outcome measures including ICF.

Module Delivery

Blended delivery comprising on campus and online learning and engagement. This will include Workshops, Tutorials, Practicals, Seminars, Keynote Lectures, Digital Learning Resources and Simulation.

Indicative Student Workload

| | Full Time | Part Time |
|--|-----------|-----------|
| Contact Hours | 80 | N/A |
| Non-Contact Hours | 220 | N/A |
| Placement/Work-Based Learning Experience [Notional] Hours | N/A | N/A |
| TOTAL | 300 | N/A |
| <i>Actual Placement hours for professional, statutory or regulatory body</i> | | |

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type: Practical Exam Weighting: 100% Outcomes Assessed: 1, 2, 3, 4
Description: Presentation

Component 2

Type: Coursework Weighting: 0% Outcomes Assessed: 4
Description: This relates to a minimum of 80% mandatory attendance of all scheduled module delivery. Attendance will be assessed on a pass/unsuccessful basis.

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

C1 is assessed on A-F basis and is 100% of the grade. To achieve a pass a grade D or above is required and a pass in C2 (80% module attendance).

| Module Grade | Minimum Requirements to achieve Module Grade: |
|--------------|--|
| A | C1 grade A and C2 Pass |
| B | C1 grade B and C2 Pass |
| C | C1 grade C and C2 Pass |
| D | C1 grade D and C2 Pass |
| E | C1 grade E and C2 Pass |
| F | C1 grade F and/or C2 Fail |
| NS | Non-submission of work by published deadline or non-attendance for examination |

Module Requirements

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|--------------------------|---|
| Prerequisites for Module | Successful completion of Stage Two Master of Physiotherapy modules and completion Stage Three, Semester One modules: HS3131 and HS3071. |
| Corequisites for module | None. |
| Precluded Modules | None. |

INDICATIVE BIBLIOGRAPHY

- 1 COOPER, C.L. & HUPPERT, F.A. 2014. Interventions and Policies to Enhance Wellbeing. Chichester: Wiley & Sons.
- 2 OGDEN, J. 2019. Health Psychology, 6th ed. London: McGraw-Hill.
- 3 LENNON, S., RAMDHARRY, G. & STACK, E. 2018. Physical management for neurological conditions. 4th ed. Amsterdam: Elsevier.
- 4 MARTIN, S.T. AND KESSLER, M. 2020. Neurologic Interventions for Physical Therapy. 4th ed. Amsterdam: Elsevier.
- 5 MASON, P. 2018. Health Behaviour Change: A Guide for Practitioners. 3rd ed. Amsterdam: Elsevier.
- 6 SCRIVEN, A. 2017. Ewles and Simnett's Promoting Health: A Practical Guide. 7th ed. Edinburgh: Elsevier.
- 7 SKJAERVEN, L.H. & PROBST, M. 2017. Physiotherapy in Mental Health and Psychiatry. Amsterdam: Elsevier.
- 8 TRENOWETH, S. & MARGERESON, C. 2010. Developing Holistic Care for Long-term Conditions. Abingdon: Routledge.