

## MODULE DESCRIPTOR

### Module Title

Sport Coaching Theory and Practice 2

Reference	HS4121	Version	1
Created	October 2017	SCQF Level	SCQF 10
Approved	February 2018	SCQF Points	15
Amended		ECTS Points	7.5

### Aims of Module

The module aims to develop students critical understanding towards coaching pedagogy via introducing a range of perspectives grounded in non-linear and complex approaches to athlete-centred coaching.

### Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Evaluate the effectiveness of constructivist and ecological pedagogy within a sports coaching context.
- 2 Critically evaluate relevant literature in a domain of sport coaching in relation to the development of talent.
- 3 Justify and apply the effective use of contemporary pedagogical approaches in sport coaching.
- 4 Critically discuss the design and management of learning experiences for coaching an individual or group.

### Indicative Module Content

Non-linear pedagogy, questioning for learning, constructivist coaching, complex learning design, ecological dynamics, constraint-led learning, games-based learning approaches, managing the complex coaching context.

### Module Delivery

Coaching practicals, tutorials, seminars, student workshops with support from directed and private study.

### Indicative Student Workload

	Full Time	Part Time
Contact Hours	36	N/A
Non-Contact Hours	114	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	150	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

**ASSESSMENT PLAN**

*If a major/minor model is used and box is ticked, % weightings below are indicative only.*

**Component 1**

Type: Practical Exam      Weighting: 100%      Outcomes Assessed: 1, 2, 3, 4  
 Description: 20-minute coaching session with ongoing continuous assessment throughout.

**MODULE PERFORMANCE DESCRIPTOR****Explanatory Text**

One component of assessment. Grade gained from assessment will determine overall module grade.

Module Grade	Minimum Requirements to achieve Module Grade:
<b>A</b>	A
<b>B</b>	B
<b>C</b>	C
<b>D</b>	D
<b>E</b>	E
<b>F</b>	F
<b>NS</b>	Non-submission of work by published deadline or non-attendance for examination

**Module Requirements**

Prerequisites for Module	Successful completion of Stage 3 BSc (Hons) Sport Coaching, or equivalent.
Corequisites for module	None.
Precluded Modules	None.

**INDICATIVE BIBLIOGRAPHY**

- 1 JONES, R.L. ed., 2006. The sports coach as educator: Re-conceptualising sports coaching. London: Routledge.
- 2 CASSIDY, T.G., JONES, R.L. and POTRAC, P., 2008. Understanding sports coaching: The social, cultural and pedagogical foundations of coaching practice. London: Routledge.
- 3 ARMOUR, K., 2013. Sport pedagogy: An introduction for teaching and coaching. London: Routledge.
- 4 RINK, J., 2010. Teaching physical education for learning. New York: McGraw-Hill Higher Education.