

MODULE DESCRIPTOR

Module Title

Dietetic Consultation Skills

Reference	HS3154	Version	1
Created	March 2023	SCQF Level	SCQF 9
Approved	June 2023	SCQF Points	30
Amended		ECTS Points	15

Aims of Module

To prepare students to provide effective and person-centred care by developing enhanced skills in dietetic assessment, communication, and evidence-based practice

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Apply a comprehensive assessment process to formulate a nutrition and dietetic diagnosis.
- 2 Apply clinical reasoning to determine appropriate personalised dietetic intervention for individuals with diverse nutritional needs, informed by evidenced-based practice.
- 3 Apply enhanced communication, education, and consultation skills, using a person-centred approach that effectively incorporates behaviour change strategies.
- 4 Critically reflect on the clinical, professional and leadership skills required to achieve effective outcomes.

Indicative Module Content

Consent, Nutrition and Dietetic Care Model and Process, clinical reasoning, evidence-based practice, counselling, psychology and behaviour change, goal setting, outcomes. Multi-disciplinary team working, monitoring, review and evaluation of dietetic practice. Documentation and Record keeping. Professionalism and Ethics. Reflection. Health and safety/risk assessment. Leadership skills.

Module Delivery

Blended delivery comprising on campus and online learning and engagement. This will include Workshops, Tutorials, Seminars, Keynote Lectures, Digital Learning Resources and Simulation with Volunteer Patients

Indicative Student Workload

	Full Time	Part Time
Contact Hours	45	N/A
Non-Contact Hours	255	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	300	N/A
Actual Placement hours for professional, statutory or regulatory body		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type:	Practical Exam	Weighting:	100%	Outcomes Assessed:	1, 2, 3, 4
Description:	Objective Structured Practical Examination (OSPE)				

Component 2

Type:	Coursework	Weighting:	0%	Outcomes Assessed:	
Description:	Minimum of 80% mandatory attendance of all scheduled module delivery. Attendance will be assessed on a pass/unsuccessful basis.				

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

Component 1 is assessed on A-F basis and is 100% of the grade. To achieve a pass a grade D or above is required and a pass in C2 (80% module attendance)

Module Grade	Minimum Requirements to achieve Module Grade:
A	C1 grade A and C2 Pass
B	C1 grade B and C2 Pass
C	C1 grade C and C2 Pass
D	C1 grade D and C2 Pass
E	C1 grade E and C2 Pass
F	C1 grade F and/or C2 Fail
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module	Successful completion of Stage 2 modules
Corequisites for module	None.
Precluded Modules	None.

INDICATIVE BIBLIOGRAPHY

- 1 Pearson, D and Croker H. Chapter 1.3. Changing Health Behaviour, in Gandy, J. (Ed) (2019) Manual of Dietetic Practice, 6th ed. Chichester: Wiley Blackwell.
- 2 Gable, J and Herrmann T. (2016). Counselling skills for dietitians, 3rd ed., Oxford: Wiley Blackwell.
- 3 British Dietetic Association (2021) Model and Process for Nutrition and Dietetic Practice
2021-BDA-Model-and-Process-for-Nutrition-and-Dietetic-Practice.pdf
- 4 Holli, B.B., and Beto, J.A. (2018). Nutrition counseling and education skills; a guide for professionals, 7th ed. Philadelphia: Wolters Kluwer.
- 5 Rollnick S., Miler W.R. and Butler C.C. 4th Edition (2023) Motivational interviewing: helping people change and grow. New York: The Guilford Press.
- 6 The bibliography will be updated annually to ensure the articles used are current to dietetic practice and reflect key issues.