

MODULE DESCRIPTOR

Module Title

Sport Coaching Theory And Practice

Reference	HS3141	Version	2
Created	June 2022	SCQF Level	SCQF 9
Approved	June 2021	SCQF Points	15
Amended	June 2022	ECTS Points	7.5

Aims of Module

The module aims to provide students with a theoretical understanding of key sports coaching principles, and the ability to apply coaching theory to practice.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Discuss the application of appropriate coaching philosophy to practice.
- 2 Evaluate traditional and contemporary pedagogical approaches.
- 3 Appraise fundamental principles of skill acquisition in coaching.
- 4 Discuss the application of coaching theory to practice.
- 5 Demonstrate the necessary professionalism through attendance at learning opportunities required for safe practice.

Indicative Module Content

Coaching philosophy; The coaching process; Planning coaching practice; Delivering the coaching sessions; Evaluating coaching practice; Reflecting on coaching practice; Retention and transfer in skill acquisition; Early vs late specialisation; Structure of practice; Conveying information; Talent development; Talent identification.

Module Delivery

Blended delivery comprising on campus and online learning and engagement. This will include Digital Learning Resources, Tutorials, Workshops and Practical sessions.

Indicative Student Workload

	Full Time	Part Time
Contact Hours	30	N/A
Non-Contact Hours	120	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	150	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type:	Practical Exam	Weighting:	100%	Outcomes Assessed:	1, 2, 3, 4
Description:	Presentation				

Component 2

Type:	Coursework	Weighting:	0%	Outcomes Assessed:	5
Description:	Minimum module attendance requirement of 80%				

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

Component 1 grade based on the grading proforma. Component 2 is a minimum modular attendance requirement of 80%.

Module Grade	Minimum Requirements to achieve Module Grade:
A	Component 1 A and Component 2 Pass
B	Component 1 B and Component 2 Pass
C	Component 1 C and Component 2 Pass
D	Component 1 D and Component 2 Pass
E	Component 1 E and Component 2 Pass
F	Component 1 F and/or Component 2 Fail
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module	None in addition to course entry requirements.
Corequisites for module	None.
Precluded Modules	None.

INDICATIVE BIBLIOGRAPHY

- 1 JONES, R., 2006. The Sports Coach as Educator. London: Routledge.
- 2 NASH, C., 2014. Practical sports coaching. London: Routledge.
- 3 NELSON, L., GROOM, R., & POTRAC, P., 2016. Learning in sports coaching: theory and application. London: Routledge.
- 4 POTRAC, P., GILBERT, W., & DENISON, J., 2015. Routledge handbook of sports coaching. London: Routledge.