

## MODULE DESCRIPTOR

### Module Title

Enhancing Health and Wellbeing

Reference	HS3131	Version	2
Created	June 2021	SCQF Level	SCQF 9
Approved	July 2018	SCQF Points	15
Amended	August 2021	ECTS Points	7.5

### Aims of Module

To enable the student to discuss the impact of health care policy upon physiotherapy practice. To explore the wider health needs and effective strategies for the sustainable management of those with long term conditions to optimise participation and engagement in society.

### Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Analyse and discuss issues which influence the professional working environment and partnership working within a health and social care context.
- 2 Discuss the role of inter-disciplinary working in patient management and the features required for effective team working in practice.
- 3 Discuss the impact of long term conditions on participation, and the role of physiotherapy in optimising performance and return to function.
- 4 Discuss and apply the use of technology in supporting behavioural change amongst those with long term conditions.

### Indicative Module Content

Clinical Areas: Long term conditions, pharmacology, polypharmacy, service user involvement, Vocational rehabilitation, Occupational health, Ergonomics, Return to work, employability, advocacy, Professional Practice and Values: self-empowerment, self-management, Clinical Leadership, scope of practice, service enhancement, behavioural change, education. Cultural approaches to health improvement. Moral and Ethical Practice. Sustainability. Partnership / Interagency Collaboration: Multi-agency working, teamwork, team dynamics, leadership. Digital health, Telemedicine, health inequities. Locations of care - shift from institutions to communities, examining advantages and disadvantages and the role of informal care and carers. Role of social and voluntary sector. Primary, secondary and tertiary care, integration, collaborative working. Whole person care. Healthcare Policy: Equality Act, adults with incapacity, current and relevant policy related to specific populations, physical activity, wellness, PAHA, healthy populations. Consent. Current context of Public Health Policy. Inclusivity. Effective service delivery.

**Module Delivery**

Blended delivery comprising on campus and online learning and engagement. This will include Workshops, Tutorials, Practicals, Seminars, Keynote Lectures, Digital Learning Resources and Journal clubs.

**Indicative Student Workload**

	Full Time	Part Time
Contact Hours	35	N/A
Non-Contact Hours	115	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	150	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

**ASSESSMENT PLAN**

If a major/minor model is used and box is ticked, % weightings below are indicative only.

**Component 1**

Type: Practical Exam Weighting: 100% Outcomes Assessed: 1, 2, 3, 4  
Description: Presentation

**Component 2**

Type: Coursework Weighting: 0% Outcomes Assessed: 3  
Description: This relates to a minimum of 80% mandatory attendance of all scheduled module delivery. Attendance will be assessed on a pass/unsuccessful basis.

**MODULE PERFORMANCE DESCRIPTOR****Explanatory Text**

C1 is assessed on A-F basis and is 100% of the grade. To achieve a pass a grade D or above is required and a pass in C2 (80% module attendance).

Module Grade	Minimum Requirements to achieve Module Grade:
<b>A</b>	C1 grade A and C2 Pass
<b>B</b>	C1 grade B and C2 Pass
<b>C</b>	C1 grade C and C2 Pass
<b>D</b>	C1 grade D and C2 Pass
<b>E</b>	C1 grade E and C2 Pass
<b>F</b>	C1 grade F and/or C2 Fail
<b>NS</b>	Non-submission of work by published deadline or non-attendance for examination

**Module Requirements**

Prerequisites for Module	Successful completion of all Stage One and Two Modules within the Master of Physiotherapy course.
Corequisites for module	None.
Precluded Modules	None.

**INDICATIVE BIBLIOGRAPHY**

- 1 OGDEN, J. 2019. Health Psychology: A textbook. 6th Ed. Maidenhead: Open University Press.
- 2 HUPPERT. F.A. and COOPER. C.L., 2014. Interventions and policies to enhance wellbeing. Wellbeing: a complete reference guide, Volume VI London. Wiley.
- 3 PROBST, M., AND SKJAERVEN, 2018. Physiotherapy in mental health and psychiatry. Elsevier, London.
- 4 SCRIVEN, A. 2017. Promoting Health: A Practical Guide. 7th Ed. Elsevier, London.
- 5 MASON, P., AND BUTLER, P., AND BUTLER, C. 2017. Health behavioural change: a guide for practitioners. Churchill Livingstone. London.