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## MODULE DESCRIPTOR

### Module Title

Enhancing Health and Wellbeing

Reference	HS3131	Version	1
Created	March 2018	SCQF Level	SCQF 9
Approved	July 2018	SCQF Points	15
Amended		ECTS Points	7.5

### Aims of Module

To enable the student to discuss the impact of health care policy upon physiotherapy practice. To explore the wider health needs and effective strategies for the management of those with long term conditions to optimise participation and engagement in society.

### Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Analyse and discuss issues which influence the professional working environment and partnership working within a health and social care context.
- 2 Discuss the role of inter-disciplinary working in patient management and the features required for effective team working in practice.
- 3 Discuss the impact of long term conditions on participation, and the role of physiotherapy in optimising performance and return to function.
- 4 Discuss the use of technology in supporting behavioural change amongst those with long term conditions.

### Indicative Module Content

Professional Practice: Long term conditions, pharmacology, polypharmacy, service user involvement, Carers, Vocational rehabilitation, Occupational health, Ergonomics, Return to work, employability. Advocacy, self-empowerment, self-management. Clinical Leadership, team working, scope of practice, service enhancement. Use of technology, behavioural change, education. Loss, bereavement, dealing with challenging behaviour. Cultural approaches to health improvement. Moral and Ethical Practice. Healthcare Policy: Equality Act, adults with incapacity, current and relevant policy related to specific populations, physical activity, wellness, PAHA, CSP Move for health, healthy populations. Consent. Current context of Public Health Policy. Health and Social care: Primary, secondary and tertiary care, integration, collaborative working. Partnership working. Multi-agency working, teamwork, team dynamics, leadership. Digital health, Telemedicine, health inequities. Locations of care - shift from institutions to communities, examining advantages and disadvantages and the role of informal care and carers. Role of social and voluntary sector.

**Module Delivery**

This module is delivered with a combination of Journal clubs, workshops, seminars and practicals.

**Indicative Student Workload**

	Full Time	Part Time
Contact Hours	35	N/A
Non-Contact Hours	115	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	150	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

**ASSESSMENT PLAN**

If a major/minor model is used and box is ticked, % weightings below are indicative only.

**Component 1**

Type:	Practical Exam	Weighting:	100%	Outcomes Assessed:	1, 2, 3, 4
Description:	Presentation				

**MODULE PERFORMANCE DESCRIPTOR****Explanatory Text**

Presentation

Module Grade Minimum Requirements to achieve Module Grade:

<b>A</b>	A
<b>B</b>	B
<b>C</b>	C
<b>D</b>	D
<b>E</b>	E
<b>F</b>	To achieve this grade you will have failed to achieve the minimum requirements for an E. And/OR Fails to meet module attendance requirements
<b>NS</b>	Non-submission of work by published deadline or non-attendance for examination

**Module Requirements**

Prerequisites for Module	Successful completion of all Stage One and Two Modules within the Master of Physiotherapy course.
Corequisites for module	None.
Precluded Modules	None.

**INDICATIVE BIBLIOGRAPHY**

- 1 OGDEN, J. 2019. Health Psychology: A textbook. 6th Ed. Maidenhead: Open University Press.
- 2 HUPPERT. F.A. and COOPER. C.L., 2014. Interventions and policies to enhance wellbeing. Wellbeing: a complete reference guide, Volume VI London. Wiley.
- 3 PROBST, M., AND SKJAERVEN, 2018. Physiotherapy in mental health and psychiatry. Elsevier, London.
- 4 SCRIVEN, A. 2017. Promoting Health: A Practical Guide. 7th Ed. Elsevier, London.
- 5 MASON, P., AND BUTLER, P., AND BUTLER, C. 2017. Health behavioural change: a guide for practitioners. Churchill Livingstone. London.