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## MODULE DESCRIPTOR

### Module Title

Clinical Skills for Dietetics

Reference	HS3129	Version	2
Created	June 2021	SCQF Level	SCQF 9
Approved	July 2018	SCQF Points	15
Amended	September 2021	ECTS Points	7.5

### Aims of Module

To develop effective communication, education, and consultation skills, integrating these with the knowledge and professional behaviours essential for clinical practice.

### Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Demonstrate robust assessment skills and generate a nutrition and dietetic diagnosis.
- 2 Demonstrate clinical reasoning skills required to determine appropriate outcomes and goals for dietetic care.
- 3 Plan an appropriate dietary regimen to achieve dietetic outcomes, taking into account individual circumstances, and provide practical dietary advice for a service user.
- 4 Demonstrate effective communication, education and consultation skills, using a person-centred approach.

### Indicative Module Content

Consent, Nutrition and Dietetic Care Model and Process, clinical reasoning, evidence-based practice, counselling, psychology and behaviour change, goal setting, outcomes. Multi-disciplinary team working, monitoring and evaluation of dietetic practice. Record keeping. Professionalism and Ethics. Reflection. Health and safety/risk assessment.

### Module Delivery

Blended delivery comprising on campus and online learning and engagement. This will include Workshops, Tutorials, Seminars, Keynote Lectures, Digital Learning Resources and Simulation with Volunteer Patients

Indicative Student Workload	Full Time	Part Time
Contact Hours	50	N/A
Non-Contact Hours	100	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	150	N/A
Actual Placement hours for professional, statutory or regulatory body		

## ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

### Component 1

Type: Coursework Weighting: 100% Outcomes Assessed: 1, 2, 3  
 Description: Written assignment.

### Component 2

Type: Practical Exam Weighting: 0% Outcomes Assessed: 3, 4  
 Description: Service user consultation assessed as a competence.

### Component 3

Type: Coursework Weighting: 0% Outcomes Assessed: 1, 2, 4  
 Description: This relates to a minimum of 80% mandatory attendance of all scheduled module delivery. Attendance will be assessed on a pass/unsuccessful basis.

## MODULE PERFORMANCE DESCRIPTOR

### Explanatory Text

Component 1 (examination) comprises 100% of the module grade, and Component 2 (OSPE) is assessed as a competence. A minimum of Grade D in C1, a pass in C2 and C3

Module Grade	Minimum Requirements to achieve Module Grade:
<b>A</b>	A in C1, and a pass in C2 and C3.
<b>B</b>	B in C1, and a pass in C2 and C3.
<b>C</b>	C in C1, and a pass in C2 and C3.
<b>D</b>	D in C1, and a pass in C2 and C3.
<b>E</b>	D in C1, and a fail in C2; or E in C1, irrespective of pass or fail in C2 or C3.
<b>F</b>	F in C1, irrespective of pass or fail in C2 or C3.
<b>NS</b>	Non-submission of work by published deadline or non-attendance for examination

## Module Requirements

Prerequisites for Module	Successful completion of Stage 2, or equivalent.
Corequisites for module	HS3128 Clinical Nutrition and Dietetics
Precluded Modules	None.

**INDICATIVE BIBLIOGRAPHY**

- 1 Pearson, D and Croker H. Chapter 1.3. Changing Health Behaviour, in Gandy, J. (Ed) (2019) Manual of Dietetic Practice, 6th ed. Chichester: Wiley Blackwell.
- 2 Gable, J and Herrmann T. (2016). Counselling skills for dietitians, 3rd ed., Oxford: Wiley Blackwell.
- 3 British Dietetic Association (2016). Model and process for nutrition and dietetic practice. British Dietetic Association. <https://www.bda.uk.com/uploads/assets/395a9fc7-6b74-4dfa-bc6fb56a6b790519/ModelProcess2016v.pdf> Accessed August 2020.
- 4 Holli, B.B., and Beto, J.A. (2018). Nutrition counseling and education skills; a guide for professionals, 7th ed. Philadelphia: Wolters Kluwer.
- 5 Rollnick S., Miler W.R. and Butler C.C. (2008) Motivational interviewing in health care: helping patients change behaviour. New York: The Guilford Press.
- 6 The bibliography will be updated annually to ensure the articles used are current to dietetic practice and reflect key issues.