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## MODULE DESCRIPTOR

### Module Title

Sport Coaching Placement 1

Reference	HS3120	Version	1
Created	October 2017	SCQF Level	SCQF 9
Approved	February 2018	SCQF Points	30
Amended		ECTS Points	15

### Aims of Module

The module aims to provide students with experiential learning opportunities during which they can apply existing coaching knowledge and skills through engagement with a meaningful practical placement experience.

### Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Appraise challenges to delivering coaching within identified placement context.
- 2 Develop appropriate and effective coaching sessions with justification from relevant theory, literature and the coaching context.
- 3 Demonstrate relevant professional skills in the delivery of coaching sessions.
- 4 Apply an appropriate reflective practice model in critically appraising coaching performance.

### Indicative Module Content

Work-related experiences; professional skills; reflective practice; coaching delivery; session plans; leadership; communication; teamwork; communities of practice; peer reflection; professional judgement.

### Module Delivery

Preparatory lectures to assist in preparation for placement, including sport-specific training courses, followed by a contemporary industry placement.

### Indicative Student Workload

	Full Time	Part Time
Contact Hours	36	N/A
Non-Contact Hours	39	N/A
Placement/Work-Based Learning Experience [Notional] Hours	225	N/A
TOTAL	300	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>	225	

**ASSESSMENT PLAN**

*If a major/minor model is used and box is ticked, % weightings below are indicative only.*

**Component 1**

Type: Practical Exam      Weighting: 100%      Outcomes Assessed: 1, 2, 3, 4  
 Description: Practical Assessment Supported by Portfolio of Evidence

**MODULE PERFORMANCE DESCRIPTOR****Explanatory Text**

One component of assessment. Grade gained from assessment will determine overall module grade.

Module Grade	Minimum Requirements to achieve Module Grade:
<b>A</b>	A
<b>B</b>	B
<b>C</b>	C
<b>D</b>	D
<b>E</b>	E
<b>F</b>	F
<b>NS</b>	Non-submission of work by published deadline or non-attendance for examination

**Module Requirements**

Prerequisites for Module      None in addition to course entry requirements.  
 Corequisites for module      None.  
 Precluded Modules      None.

**INDICATIVE BIBLIOGRAPHY**

- 1 KNOWLES, Z. GILBOURNE, D. CROPLEY, B. and DUGDILL, L. 2014. Reflective Practice in the Sport and Exercise Sciences: Contemporary Issues. Oxon: Routledge.
- 2 BASSOT, B. 2020. The Reflective Journal. London: Red Globe Press
- 3 LYLE, J. and CUSHION, C. 2017. Sport coaching concepts: A framework for coaching practice. London: Routledge
- 4 NASH, C. 2014. Practical Sports Coaching. Oxon: Routledge.