

MODULE DESCRIPTOR

Module Title

Sport Coaching Theory And Practice 1

Reference	HS3115	Version	1
Created	October 2017	SCQF Level	SCQF 9
Approved	February 2018	SCQF Points	15
Amended		ECTS Points	7.5

Aims of Module

The module aims to introduce students to foundational pedagogical principles associated with sport coaching.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Compare and contrast traditional and contemporary pedagogical approaches toward the coaching process.
- 2 Appraise fundamental principles of skill acquisition in coaching.
- 3 Demonstrate the application of theoretical mechanisms and justify their use for coaching in a practical context.

Indicative Module Content

The coach role in the coaching process, planning coaching practice, delivering the coaching sessions, evaluating coaching practice, acquisition, retention and transfer in skill acquisition, coach naturalistic decision-making, the coach-athlete relationship, enhancing stakeholder relationships.

Module Delivery

Coaching practicals, tutorials, seminars, student workshops with support from directed and private study.

Indicative Student Workload

	Full Time	Part Time
Contact Hours	36	N/A
Non-Contact Hours	114	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	150	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type: Coursework Weighting: 100% Outcomes Assessed: 1, 2, 3

Description: 15 minute coaching practical with 15-minute viva. Students will be required to compare contemporary and traditional methods in the justification section.

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

One component of assessment. Grade gained from assessment will determine overall module grade.

Module Grade	Minimum Requirements to achieve Module Grade:
A	A
B	B
C	C
D	D
E	E
F	F
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module	In addition to the course entry requirements.
Corequisites for module	None.
Precluded Modules	None.

INDICATIVE BIBLIOGRAPHY

- 1 JONES, R., 2006. The Sports Coach as Educator. London: Routledge.
- 2 NASH, C., 2014. Practical sports coaching. London: Routledge.
- 3 NELSON, L., GROOM, R., & POTRAC, P., 2016. Learning in sports coaching: theory and application. London: Routledge.
- 4 POTRAC, P., GILBERT, W., & DENISON, J., 2013. Routledge handbook of sports coaching. London: Routledge.