

### This Version is No Longer Current

The latest version of this module is available here

### **MODULE DESCRIPTOR**

### **Module Title**

Research Concepts in Sport and Exercise Science

| Reference | HS3109         | Version     | 2      |
|-----------|----------------|-------------|--------|
| Created   | March 2017     | SCQF Level  | SCQF 9 |
| Approved  | September 2015 | SCQF Points | 30     |
| Amended   | July 2017      | ECTS Points | 15     |

#### Aims of Module

The aim of the module is to provide students with the fundamental knowledge and skills to critically appraise evidence and analyse data using both qualitative and quantitative means.

### **Learning Outcomes for Module**

On completion of this module, students are expected to be able to:

- 1 Apply a systematic approach to critical analysis and evaluation of qualitative literature.
- 2 Apply a systematic approach to critical analysis and evaluation of quantitative literature.
- 3 Select and justify appropriate data analysis methods based upon the data and research design context.
- 4 Analyse, interpret and present qualitative data.
- 5 Analyse, interpret and present quantitative data.

### **Indicative Module Content**

Introduction to scientific methods, qualitative and quantitative research design; application of the concepts of validity and reliability to the appraisal of research literature; use of critical appraisal tools to systematically evaluate research; role of research and its application; qualitative paradigms; ethnography, phenomenology; thematic analysis; interviews, focus groups, observation; descriptive and inferential statistics including parametric and nonparametric tests (e.g. t-test, ANOVA, Pearson Correlation, Regression, Chi-square, Mann-Whitney U test); use of SPSS to conduct statistical operations.

### **Module Delivery**

Combination of lectures, workshops and journal clubs.

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| Indicative Student Workload   | Full Time | Part Time |
|---|-----------|-----------|
| Contact Hours   | 60        | N/A       |
| Non-Contact Hours   | 240       | N/A       |
| Placement/Work-Based Learning Experience [Notional] Hours             | N/A       | N/A       |
| TOTAL   | 300       | N/A       |
| Actual Placement hours for professional, statutory or regulatory body |           |           |

# **ASSESSMENT PLAN**

If a major/minor model is used and box is ticked, % weightings below are indicative only.

### **Component 1**

Type: Coursework Weighting: 50% Outcomes Assessed: 1, 4 Description: Component 2 Coursework Weighting: 50% Outcomes Assessed: 2, 3, 5 Type: Description:

### MODULE PERFORMANCE DESCRIPTOR

### **Explanatory Text**

Overall module grade is based

| d on the grades awarded in the two components as follows: |             |   |         |           |          |             |               |  |
|---|-------------|---|---------|-----------|----------|-------------|---------------|--|
|   | Coursework: |   |         |           |          |             |               |  |
|   | Α           | В | С       | D         | E        | F           | NS            |  |
| Α   | Α           | Α | В       | С         | Е        | E           |               |  |
| В   | Α           | В | В       | С         | Е        | Е           |               |  |
| С   | В           | В | С       | С         | E        | F           |               |  |
| D   | С           | С | С       | D         | Е        | F           |               |  |
| E   | E           | Е | E       | E         | E        | F           |               |  |
| F   | E           | Е | F       | F         | F        | F           |               |  |
| NS  | Non-sub     |   | of work | by publis | hed dead | dline or no | on-attendance |  |

Coursework:

## **Module Requirements**

Successful completion of Stages 1 and 2 of the BSc (Hons) Applied Sport and Prerequisites for Module

Exercise Science course, or equivalent.

Corequisites for module None.

**Precluded Modules** None.

## **ADDITIONAL NOTES**

A pass will not normally be awarded for this module unless the student has engaged in course related research activities.

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### **INDICATIVE BIBLIOGRAPHY**

THOMAS, J.R. NELSON, J.K. AND SILVERMAN, S.J., 2015. Research methods in physical activity. 7th ed. Champaign, IL: Human Kinetics.

- PALLANT, J., 2020. SPSS survival manual: A step by step guide to data analysis using IBM SPSS. 7th ed. London: Open University Press.
- 3 BAZELEY, P., 2020. Qualitative data analysis: Practical strategies. 3rd ed. London: Sage.
- 4 O?DONOGHUE, P., 2012. Statistics for sport and exercise studies: An introduction. London: Routledge.