

MODULE DESCRIPTOR

Module Title

Coaching Science

Reference	HS3102	Version	4
Created	March 2017	SCQF Level	SCQF 9
Approved	June 2010	SCQF Points	15
Amended	August 2017	ECTS Points	7.5

Aims of Module

The module aims to educate students on the complex and often uncertain nature of coaching. The module guides students to understand coaching as a multifaceted domain. In addition knowledge will be developed of different pedagogical strategies, principles of skill learning and coach education initiatives.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Appraise the role of the coach in the coaching process.
- 2 Evaluate traditional and contemporary pedagogical strategies for athlete development in coaching practice.
- 3 Apply key principles in the instructional process when coaching.
- 4 Compare and contrast theoretical mechanisms for coach learning and development.

Indicative Module Content

Coaching philosophies; coach as educator and orchestrator; pedagogical coaching strategies; talent development; motivational climate; traditional motor learning strategies; contemporary learning initiatives; learning and development orientations; modes of instruction; practice structures; conveying information; provision of feedback; coach mentoring; communities of practice; reflective coaching; learning and development in coaching; models of coaching.

Module Delivery

Tutorials and seminars supported by directed and private study.

Indicative Student Workload

	Full Time	Part Time
Contact Hours	36	N/A
Non-Contact Hours	114	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	150	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type:	Coursework	Weighting:	100%	Outcomes Assessed:	1, 2, 3, 4
Description:	Poster Presentation				

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

Poster presentation assessed with a grading proforma. Overall grade determined as follows:

Module Grade	Minimum Requirements to achieve Module Grade:
A	Rows 1-5: Minimum of 3 A?s, 1 B and maximum of 1 C Rows 6-8: Minimum of 2 B?s and maximum of 1 D Row 9: Pass
B	Rows 1-5: Minimum of 3 B?s, 1 C and maximum of 1 D Rows 6-8: Minimum of 1 B and maximum of 2 D?s Row 9: Pass
C	Rows 1-5: Minimum of 3 C?s, 1 D and maximum of 1 E Rows 6-8: Minimum of 3 D?s Row 9: Pass
D	Rows 1-5: Minimum of 4 D?s Rows 6-8: Minimum of 2 D?s And a maximum of 1 E or F in rows 1-8 Row 9: Pass
E	Rows 1-8 Minimum of 2 E?s and Maximum of 1 F Row 9: Fail
F	Rows 1-8 Failure to achieve any of the above Row 9: Fail
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module	Successful completion of Stages 1 and 2 of the BSc (Hons) Applied Sport and Exercise Science course, or equivalent.
Corequisites for module	None.
Precluded Modules	None.

ADDITIONAL NOTES

A pass will not normally be awarded for this module unless the student has attended a minimum of 80% of all learning opportunities.

INDICATIVE BIBLIOGRAPHY

- 1 CASSIDY, T., JONES, R. and POTRAC, P., 2009. Understanding Sports Coaching. London: Routledge.
- 2 JONES, R., 2006. The Sports Coach as Educator. London: Routledge.
- 3 NASH, C., 2015. Practical Sports Coaching. London: Routledge.
- 4 A current and comprehensive list of references will be supplied on an annual basis to reflect the evolving nature of relevant topic areas.