

This Version is No Longer Current
 The latest version of this module is available [here](#)

MODULE DESCRIPTOR

Module Title

Learning in the Workplace I

Reference	HS2103	Version	4
Created	March 2017	SCQF Level	SCQF 8
Approved	June 2010	SCQF Points	15
Amended	August 2017	ECTS Points	7.5

Aims of Module

This module aims to provide students with experiential learning opportunities during which they can apply existing knowledge and skills through engagement with a meaningful practical placement experience.

Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Appraise existing challenges to the delivery of sport and exercise within a placement context.
- 2 Develop and implement appropriate session plans to deliver placement activities.
- 3 Convey key physical activity, health and wellbeing messages to different audiences.
- 4 Demonstrate effective teamwork, communication and leadership skills.
- 5 Apply an appropriate reflective practice model.

Indicative Module Content

Reflective practice; working with young people and vulnerable groups; session plans; core transferable skills; sport coaching skills and qualifications; applying theory to practice; placement experiences.

Module Delivery

This is a work based learning module. This module comprises a work placement. Each student will undertake 28 hours per week in the workplace for a period of 4 weeks. This will equate to 112 contact hours.

Indicative Student Workload

	Full Time	Part Time
Contact Hours	36	N/A
Non-Contact Hours	48	N/A
Placement/Work-Based Learning Experience [Notional] Hours	66	N/A
TOTAL	150	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>	112	

ASSESSMENT PLAN

If a major/minor model is used and box is ticked, % weightings below are indicative only.

Component 1

Type: Coursework Weighting: 100% Outcomes Assessed: 1, 2, 3, 4, 5
 Description:

MODULE PERFORMANCE DESCRIPTOR**Explanatory Text**

Performance assessed with a grading proforma. Overall grade determined as follows:

Module Grade	Minimum Requirements to achieve Module Grade:
A	Rows 1-5: Minimum of 3 rows at A, 1 row at B and 1 row at C Rows 6-8: Minimum of 2 rows at distinction and 1 row at pass Row 9: Pass
B	Rows 1-5: Minimum of 3 rows at B, 1 row at C and 1 row at D Rows 6-8: Minimum of 1 row at distinction and 2 rows at pass Row 9: Pass
C	Rows 1-5: Minimum of 3 rows at C and 2 rows at D Rows 6-8: Minimum of 3 rows at pass Row 9: Pass
D	Rows 1-5: Minimum of 4 rows at D and 1 row at E Rows 6-8: Minimum of 2 rows at pass Row 9: Pass
E	Rows 1-5: Minimum of 4 rows at E Rows 6-8: Minimum of 1 row at pass
F	Failure to achieve any of the above
NS	Non-submission of work by published deadline or non-attendance for examination

Module Requirements

Prerequisites for Module	Successful completion of Stage One of the BSc (Hons) Applied Sport and Exercise Science course, or equivalent.
Corequisites for module	None.
Precluded Modules	None.

ADDITIONAL NOTES

Students will not normally be allowed to go out on placement unless their attendance for semester 1 and 2 modules and the pre placement training sessions is above 80%. Students will be expected to obtain a satisfactory PVG clearance (previously an enhanced disclosure) prior to starting the workplace learning hours. For more details about the PVG scheme please visit: www.disclosurescotland.co.uk

INDICATIVE BIBLIOGRAPHY

- 1 KNOWLES, Z., GILBOURNE, D., CROPLEY, B. and DUGDILL, L., 2014. Reflective Practice in the Sport and Exercise Sciences: Contemporary Issues. Oxon: Routledge.
- 2 BASSOT, B. 2020. The Reflective Journal. 3rd Ed. London: Red Globe Press
- 3 NASH, C., 2014. Practical Sports Coaching. Oxon: Routledge.
- 4 DEBELL, D. 2016. Public Health for Children. 2nd Ed. Florida : CRC Press
- 5 LYLE, J. and CUSHION, C., 2017. Sport coaching concepts: A framework for coaching practice. 2nd Ed. London: Routledge.