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## MODULE DESCRIPTOR

### Module Title

Learning in the Workplace I

Reference	HS2103	Version	4
Created	March 2017	SCQF Level	SCQF 8
Approved	June 2010	SCQF Points	15
Amended	August 2017	ECTS Points	7.5

### Aims of Module

This module aims to provide students with experiential learning opportunities during which they can apply existing knowledge and skills through engagement with a meaningful practical placement experience.

### Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Appraise existing challenges to the delivery of sport and exercise within a placement context.
- 2 Develop and implement appropriate session plans to deliver placement activities.
- 3 Convey key physical activity, health and wellbeing messages to different audiences.
- 4 Demonstrate effective teamwork, communication and leadership skills.
- 5 Apply an appropriate reflective practice model.

### Indicative Module Content

Reflective practice; working with young people and vulnerable groups; session plans; core transferable skills; sport coaching skills and qualifications; applying theory to practice; placement experiences.

### Module Delivery

This is a work based learning module. This module comprises a work placement. Each student will undertake 28 hours per week in the workplace for a period of 4 weeks. This will equate to 112 contact hours.

### Indicative Student Workload

	Full Time	Part Time
Contact Hours	36	N/A
Non-Contact Hours	48	N/A
Placement/Work-Based Learning Experience [Notional] Hours	66	N/A
TOTAL	150	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>	112	

**ASSESSMENT PLAN**

*If a major/minor model is used and box is ticked, % weightings below are indicative only.*

**Component 1**

Type: Coursework Weighting: 100% Outcomes Assessed: 1, 2, 3, 4, 5

Description:

**MODULE PERFORMANCE DESCRIPTOR****Explanatory Text**

Performance assessed with a grading proforma. Overall grade determined as follows:

Module Grade	Minimum Requirements to achieve Module Grade:
<b>A</b>	Rows 1-5: Minimum of 3 rows at A, 1 row at B and 1 row at C Rows 6-8: Minimum of 2 rows at distinction and 1 row at pass Row 9: Pass
<b>B</b>	Rows 1-5: Minimum of 3 rows at B, 1 row at C and 1 row at D Rows 6-8: Minimum of 1 row at distinction and 2 rows at pass Row 9: Pass
<b>C</b>	Rows 1-5: Minimum of 3 rows at C and 2 rows at D Rows 6-8: Minimum of 3 rows at pass Row 9: Pass
<b>D</b>	Rows 1-5: Minimum of 4 rows at D and 1 row at E Rows 6-8: Minimum of 2 rows at pass Row 9: Pass
<b>E</b>	Rows 1-5: Minimum of 4 rows at E Rows 6-8: Minimum of 1 row at pass
<b>F</b>	Failure to achieve any of the above
<b>NS</b>	Non-submission of work by published deadline or non-attendance for examination

**Module Requirements**

Prerequisites for Module Successful completion of Stage One of the BSc (Hons) Applied Sport and Exercise Science course, or equivalent.

Corequisites for module None.

Precluded Modules None.

**ADDITIONAL NOTES**

Students will not normally be allowed to go out on placement unless their attendance for semester 1 and 2 modules and the pre placement training sessions is above 80%. Students will be expected to obtain a satisfactory PVG clearance (previously an enhanced disclosure) prior to starting the workplace learning hours. For more details about the PVG scheme please visit: [www.disclosurescotland.co.uk](http://www.disclosurescotland.co.uk)

**INDICATIVE BIBLIOGRAPHY**

- 1 KNOWLES, Z., GILBOURNE, D., CROPLEY, B. and DUGDILL, L., 2014. Reflective Practice in the Sport and Exercise Sciences: Contemporary Issues. Oxon: Routledge.
- 2 BASSOT, B. 2020. The Reflective Journal. 3rd Ed. London: Red Globe Press
- 3 NASH, C., 2014. Practical Sports Coaching. Oxon: Routledge.
- 4 DEBELL, D. 2016. Public Health for Children. 2nd Ed. Florida : CRC Press
- 5 LYLE, J. and CUSHION, C., 2017. Sport coaching concepts: A framework for coaching practice. 2nd Ed. London: Routledge.